

## AUSTIN ABBOTT

FIVE-TIME NCAA ALL-AMERICAN



Chehalis, Wash. • W.F. West HS

SENIOR



## MAJOR MEETS:

2005 MPSF TF.....4th, mile	2006 NCAA-O.....20th, 1500m
2005 NCAA-I.....5th, DMR*	2007 MPSF TF.....1st, Mile; 2nd, DMR
2005 Pac-10 TF.....2nd, 1500m	2007 NCAA-I.....4th, 800m*
2005 Regional TF.....14th, 1500m	.....5th, DMR*
2006 MPSF TF.....2nd, mile; 4th, DMR	2008 Pac-10 TF.....4th, 800m
2006 NCAA-I.....5th, DMR*	2008 Regional TF.....4th, 800m
2006 Pac-10 TF.....4th, 1500m	2008 NCAA-O.....7th, 800m*
.....6th, 800m	
2006 Regional TF.....3rd, 1500m	

\* - Indicates All-America Honor Won

## COLLEGIATE BESTS:

800m - 1:49.00i / 1:48.14    1500m - 3:44.30    Mile - 3:59.47

Five-time NCAA All-American looks to make final season his best yet ... coming off seventh-place showing in the 800-meters at the 2008 NCAA Outdoor Championships ... five All-America awards tied with Steve Anderson (1928-30) for fifth-most in UW history ... one of just three four-minute milers in UW history.

**2007-08:** Reestablished himself as one of the best mid-distance runners in the collegiate ranks with a 7th-place finish at the NCAA Outdoor Championships, earning his fifth All-America honor ... season kicked into gear at the Pac-10 Championships, where he placed 4th in a new personal-best of 1:48.14 ... placed 4th again at West Regionals to qualify for first NCAA meet since 2007 Indoors ... won the 1500m run in the UW-WSU dual meet ... placed 3rd in the 800 at the Sun Angel Classic ... did not compete during the indoor season ... competed only two times during cross country season but was impressive in consecutive races ... placed 13th overall and first among Huskies at the Willamette Invite in a career-best 8K time of 24:34 ... ran in UW's top-five for the first time at Pre-Nationals, placing 95th overall and fourth among Huskies in 24:36.

**2006-07:** For the third-straight year, ran the opening leg of UW's distance medley relay, propelling the relay to fifth at the NCAA Indoor Championships and earning his third All-American honor ... earned fourth All-American honor a day later with a fourth-place finish in the 800m, the first individual All-American honor of his career ... took first at the MPSF Championships in the mile (4:02.82) and first at the UW Indoor Preview in the 800m ... competed just once outdoors, running the 800m at the ASU Clif Bar Invitational ... competed once in the fall, placing 28th overall at the Willamette Invite.

**2005-06:** Led UW's distance medley relay to fifth at the NCAA Indoor Championships for the second-straight year, capturing his second-career All-America honor ... led DMR to a school-record equaling 9:35.35 at Notre Dame in March ... ran just the third four-minute mile in UW history at the Feb. 11 Husky Indoor Classic, finishing in 3:59.47 ... ranked among the nation's top-10 in the mile at season's end, but declined an NCAA Championships invitation in order to focus on the DMR ... placed in both the 800m (6th) and 1500m (4th) at the 2006 Pac-10 Championships ... was 20th in 1500m at NCAA Champs outdoors ... placed third in the event at Regionals ... indoors, was second in the mile at MPSFs, and fourth in the DMR ... competed just once in the fall of 2005, running No. 7 for UW, 40th overall at the Sundodger Invite.

**2004-05:** One of three Husky freshmen to earn All-America honors on the track, the first frosh to do so since 1999 ... helped UW's DMR to a record fifth-place finish at the NCAA Indoor meet ... set UW freshman records in the mile (4:02.25) and 1500m (3:44.36) ... one of four Huskies to break 1:50 in the 800m in 2005, the first such quartet in UW history ... placed second in the 1500m final at Pac-10s, in 3:45.85 ... was 14th overall in the event at the NCAA Regional ... redshirted the 2004 fall season ... competed just once unattached, placing 15th overall at the Jim Danner Invite.

**High School and Personal:** Parents are Kerry and Mike, both former college basketball players ... has two younger siblings, Brandon and Kiersten ... led W.F. West to a third-place finish at the 2004 state track championships, and a seventh-place finish at state in 2003 ... won a state title at 1600m in 2004, crossing the line in 4:14 ... also took second at state in the 800m in 2004, an improvement on his fifth-place 800m finish of a year before ... was second at state in the 1600m in 2003, and led W.F. West's 4x400m relay to eighth ... ran sixth in the mile at the 2004 Arcadia Invite ... took third in the 800m at the 2004 Washington-Oregon Meet of Champions ... also lettered three years in golf, and twice in basketball ... captained track, golf and basketball teams in 2003 and 2004 ... named school's Athlete of the Year in 2004.

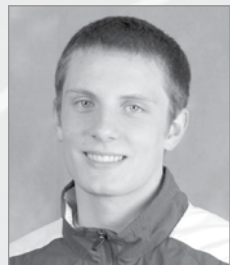
## CHRIS AHL

## NCAA XC COMPETITOR



Seattle, Wash. • Bishop Blanchet HS

JUNIOR



## MAJOR MEETS:

2007 Pac-10 XC.....65th (9th UW) 2008 Regional XC.....72nd (6th UW)  
 2008 MPSF TF.....19th, Mile; 6th, DMR 2008 NCAA XC.....234th (6th UW)  
 2008 Pac-10 XC.....44th (7th UW)

## COLLEGIATE BESTS:

1500m - 3:51.62 Mile - 4:05.67 3000m - 8:16.26  
 5000m - 14:17.65

Ran in UW's top-seven during 2008 cross country campaign, helping the Huskies reach NCAA's ... ranks 10th in the mile on the UW indoor Top-10.

**2008 (Cross Country):** Ran in Washington's top-seven at every race, helping UW to an 18th-place finish at the NCAA Championships ... was sixth among Huskies and 234th overall at NCAA's ... sixth Husky finisher and 72nd overall at West Regionals, running 31:21 in his first 10K ... placed 44th at Pac-10 Championships, a 21-spot improvement from previous year ... scored for UW at Pre-Nationals, placing 85th overall and fifth on the squad ... was third Husky finisher at Sundodger; 12th overall in 24:30 ... named to the Pac-10 All-Academic second team.

**2007-08:** Was the Huskies' top miler indoors, running a personal-best of 4:05.67 at the Husky Classic that ranks 10th on UW indoor lists ... mile time was 13 seconds faster than previous best entering the year ... ran the final leg of UW's DMR which placed 6th at MPSF's in a season-best time of 9:48.53 ... ran UW's second-best 3K of the season, clocking 8:16.26 at the UW Invitational ... placed 4th in the 1500m at the Pepsi Team Invite in a PR of 3:51.62 ... competed on three occasions during cross country, opening with identical times of 25:44 at the Sundodger and Dellinger Invite ... ran next at Pac-10's, placing 65th overall and ninth among Huskies.

**2006-07:** Ran three times indoors, setting a personal best in the 3K ... ran unattached outdoors, running a career best 5000m time of 14:17.65 at the Stanford Invitational ... ran the 1500m on three occasions, setting a personal best time of 3:48.56 at the Ken Shannon Invite, good for fourth place ... ran in UW's top-seven on three occasions during cross country season ... was fifth for UW at both the Sundodger and Dellinger Invites, and was UW's No. 7 runner at Pre-Nationals.

**2005-06:** Competed at both 1500m and 5000m outdoors ... ran season-best 1500m time of 3:55.05 in unattached debut at the UW Outdoor Preview ... ran 14:44.41 for 5000m indoors in unattached performance at the Last Chance Qualifier ... redshirted the 2005 fall season.

**High School and Personal:** Parents are Anne and Bill ... has two older brothers, Matt and David ... led Bishop Blanchet to three state cross country titles in four prep seasons ... placed third at state in 2004, and 20th in 2003 ... also earned three individual top-six state track finishes, including a third-place finish in the 3200m in 2005 ... ran 28th in the 2004 Footlocker West Region Championships at Mt. SAC, finishing in 16:34 ... graduated from Bishop Blanchet with honors, and was a member of the National Honor Society.

## RANDY BACON

## NCAA REGIONAL COMPETITOR



Tacoma, Wash. • Washington HS

SENIOR



## MAJOR MEETS:

2007 MPSF TF.....6th, 60m 2008 Pac-10 TF.....19th, 100m  
 2007 Pac-10 TF.....16th, 100m 2008 Regional TF.....2nd, 4x100m  
 .....14th, 200m; 6th, 4x100m

## COLLEGIATE BESTS:

60m.....6.96 100m - 10.59W / 10.85 200m - 21.96i / 21.92

Was the top alternate on Washington's 4x100m relay team, helping the group qualify for the NCAA Championships ... was part of two different 4x100m relay units that ran all-time school Top-10 times.

**2008:** A key member of UW's stellar 4x100m relay unit, subbing in for two different legs at the Regional prelim and final as the Huskies qualified for NCAA's with a 2nd-place Regional finish ... two 4x100m relay times ranked in UW's Top-10 with a best of 39.97 seconds in the Regional final ... part of UW's winning 4x100m relay at the UW-WSU dual in 40.00 seconds ... was 19th in the Pac-10 100-meter prelims ... competed four times unattached during the indoor season, with a best 60m dash time of 7.11 seconds.

**2007:** Was Washington's best sprinter at 60m, 100m, and 200m indoors, setting personal bests across the board ... placed sixth at the MPSF Championships in the 60m dash in a season-best 6.96 ... finished eighth at MPSF's in the 200m dash, running 21.96 ... placed second in the 100m dash at both the Brutus Hamilton Invite and the UW-WSU dual ... ran final leg of winning 4x100m relay at the UW-WSU dual, posting a season-best time of 40.96 ... part of sixth-place 4x100m relay at Pac-10 Championships ... ran career-best wind-aided 100m time of 10.59 at the Pepsi Invite.

**2006:** Ran the 60-meter dash at the UW Indoor Preview, running 7.16, fifth-best on the team indoors ... did not compete during outdoor season.

**2005:** Redshirted the season ... did not compete unattached.

**High School and Personal:** Mother's name is Cheryl Lee ... has an older brother, Chris Lee ... took second at state in the 400m as a junior ... clocked a 49.12 in the state final, and a career-best 48.45 in the prelim ... lettered three years in track, and two in cross country ... was the track team captain in each of his last two seasons ... majoring in architecture.



## JORDAN BOASE

FOUR-TIME NCAA ALL-AMERICAN



Bothell, Wash. • Bothell HS

SENIOR



## MAJOR MEETS:

2005 MPSF TF.....9th, 200m	2008 MPSF TF.....2nd, 200m
.....17th, 400m	.....1st, 400m; 4th, 4x400m
2005 Pac-10 TF.....6th, 200m	2008 NCAA-I.....3rd, 400m*
.....5th, 4x100m	2008 Pac-10 TF.....2nd, 400m
2005 Regional TF.....3rd, 4x100m	.....1st, 4x100m; 5th, 4x400m
2005 NCAA-O.....11th, 4x100m	2008 Regional TF.....3rd, 400m
2006 MPSF TF.....2nd, 200m	.....2nd, 4x100m
2006 NCAA-I.....3rd, 4x400m*	2008 NCAA-O.....4th, 400m*
2006 Pac-10 TF.....9th, 200m	.....4th, 4x100m
.....3rd, 4x400m	2008 Olympic Trials.....15th, 400m
2006 Regional TF.....6th, 4x100m	
.....1st, 4x400m	
2006 NCAA-O.....8th, 4x400m*	

\* - Indicates All-America Honor Won

## COLLEGIATE BESTS:

200m - 21.08i / 20.37    400m - 46.34i^ / 44.82^

^ School Record

Returned from a one-year layoff to have a record-setting junior season ... broke the school record in the 400-meter dash both indoors and out, and earned third and fourth NCAA All-America honors of his career ... reached semifinals in 400m dash at the U.S. Olympic Trials ... part of UW's first 4x100-meter relay Pac-10 Champions in school history ... appears 13 times in Washington's Top-10 lists over seven events.

**2008:** Breakout junior season was one of the top stories in collegiate track ... made the semifinals of the 400-meters at the U.S. Olympic Trials ... broke the school-record in the 400m dash both indoors and out, running a best of 44.82 outdoors and 46.34 indoors ... broke 45-seconds in the 400 on three separate occasions ... indoor school record set at the NCAA Indoor Championships where he placed third to earn All-America honors ... set outdoor record in next race, at the Sun Angel Classic; time was also a meet record ... was fourth in 400m at NCAA Outdoor Championships in a time of 44.83 ... ran the lead-off leg of UW's Pac-10 Champion 4x100m relay squad, which won in a time of 39.52, fourth-fastest in school history ... 4x100m relay took second at West Regional and finished 14th overall at NCAA Championships ... ran one of the top 200-meters in the nation in only run at that length, winning the UW-WSU dual in a meet-record time of 20.37 seconds ... finished 2nd in 400m at Pac-10 Championships behind the NCAA runner-up ... won the MPSF Championship in the 400-meters in 46.37 and was second in the 200-meters ... ran indoor 4x400m provisional time of 3:09.74 at Husky Classic, the 6th-fastest in indoor school history ... earned Pac-10 Athlete of the Week honors following school-record run at Sun Angel Classic.

**2007:** Took a year off track, redshirting the season.

**2006:** Earned All-America honors both indoors and out for his inclusion on UW's 4x400m relay ... ran the opening 400m relay leg at both NCAA Championship appearances, leading the Huskies to 3rd-place indoors and eighth outdoors ... 4x400m relay clocked an indoor school record of 3:07.03 at NCAA's ... relay also won the West Regional outdoors, and ran a season-best 3:04.22 in the NCAA Outdoor semi that ranks third in school history ... also led the team in the 200-meters both indoors and out, and was second on the team in the 400m indoors and out ... took second in the 200m at MPSF Championships ... top outdoor 200m time of 21.26 ranked ninth in school history and ranks fourth indoors with top 200m time of 21.19 ... ran 47.84 in the 400m at the Husky Classic, which ranks sixth indoors ... part of four different 4x400m relay teams that made the UW top-10 lists.

**2005:** Led Washington's 4x100m relay to the NCAA Championships for the first time since 1983 ... led relay to 11th at the NCAA Championships, its time of 39.43 the second-fastest in UW history and fastest since 1983 ... was third in the relay at the NCAA West Regional and fifth at Pac-10s ... ran in the 200m prelim at the Pac-10 Championships, placing sixth in his heat in a career-best 21.37 ... indoors, clocked two of UW's fastest-ever sprint marks ... ran second in the 400m at the Last Chance Qualifier, his time of 47.76 UW's sixth-best ever ... indoor 200m best of 21.81, at the Husky Classic, equaled UW's 10th-fastest all-time.

**High School and Personal:** Parents are Kim and Brian ... has two brothers, Matt and Adam ... only competed in track his senior year of high school ... led Bothell's 4x100m relay to a state title in 2004 ... also led relay to a win at the Washington-Oregon Meet of Champions, and at the 2004 KingCo Conference meet ... placed third in the 2004 KingCo 100m final.

## ALEC BROMKA NCAA XC COMPETITOR

Portland, Ore. • Catlin Gabel School

Junior



### MAJOR MEETS:

2008 Pac-10 XC ..... 54th (8th UW)  
2008 NCAA XC ..... 236th (7th UW)

### COLLEGIATE BESTS:

3000m ..... 8:36.98

**2008 (Cross Country):** Ran in UW's top-seven on three occasions, including stepping in as a last-minute replacement at the NCAA Championships when Jeremy Mineau was unable to run ... also ran seventh among Huskies at the Tiger Invite (32nd overall) and the Pre-National meet (157th overall) ... placed 54th in first career Pac-10 Championships run ... took 25th at Sundodger Invite.

**2007-08:** Ran just once during the year, at the UW-WSU dual meet, where he placed 10th in the 3000-meters ... did not compete during cross country.

**2006-07:** Ran the 3000-meters once indoors and out ... ran a personal-best time of 8:36.98 at the UW Indoor Preview, placing 8th ... did not compete during cross country.

**2005-06:** Redshirted the 2005-06 track and cross country seasons ... competed unattached once in the fall, placing 52nd at the Sundodger ... did not compete in the spring.

**High School and Personal:** Parents are Julie Mancini and Dennis Bromka ... older brother, Peter, was a two-year cross country captain at Tufts University ... was third at state cross country in 2002, fifth in 2003 and fourth in 2004 ... won the West Valley League cross country title in 2002 ... won league track titles at 1500m (2003) and 3000m (2004, 2005) ... earned top-10 state track finishes all four years ... set an Oregon Class 2A record for sophomores with a time of 4:06.87 for 1500m in 2003 ... a three-year participant in the Nike Border Clash meet.

## ANDREW FERLEMAN PAC-10 COMPETITOR

Bellevue, Wash. • Newport HS

Sophomore



### MAJOR MEETS:

2008 MPSF TF ..... 10th, HEPT  
2008 Pac-10 TF ..... 9th, DEC; 18th, Long Jump

### COLLEGIATE BESTS:

60m ..... 7.34      60m HH ..... 8.61  
110 HH ..... 15.84      Pole Vault ..... 13-3 1/2  
Long Jump ..... 21-10 1/2      Shot Put ..... 38-9  
Discus ..... 122-0      Javelin ..... 143-6  
Heptathlon ..... 4,542      Decathlon ..... 6,064

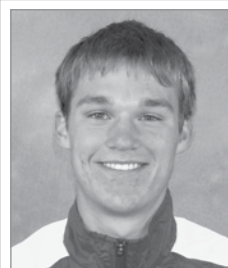
**2008:** The Huskies' most frequent multi-event competitor, completing two indoor heptathlons and two outdoor decathlons ... placed 9th in the decathlon at the Pac-10 Championships with a season-best score of 6,064 points ... best event at Pac-10's was the shot put, where he placed 5th with a season-best of 38-9 ... also scored 5,845 points to place 8th in the decathlon at the Mt. SAC Relays ... finished 10th in the heptathlon at the MPSF Championships with 4,542.

**High School and Personal:** Finished third at the Washington State 3A Track Championships in the 110m hurdles as a senior, and also made state in the 300m hurdles ... also qualified for state in the short hurdles as a junior ... district two 110m hurdles champion and runner-up in the 300m in 2006 ... also won KingCo league titles in both hurdles events as a senior and was third in the long jump.

## JOEY BYWATER THREE-TIME 4A STATE CHAMPION

Lake Stevens, Wash. • Lake Stevens HS

Freshman



### PERSONAL BESTS:

800m ..... 1:55  
1600m ..... 4:10  
3200m ..... 9:03

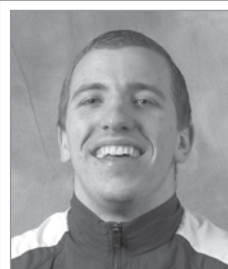
**2008 (Cross Country):** Competed just once as he redshirted the fall ... the top unattached Husky finisher at the Sundodger Invite, finishing 23rd overall in 24:45.

**High School and Personal:** Born in Bellevue, Washington ... parents are Cindy Brooks and John Bywater ... has one younger brother, Johnny, and two younger sisters, Cia and Faith ... was the Washington State 4A Cross Country runner-up as a junior in 2006 ... also placed 12th as a senior and 21st as a sophomore ... won the Washington State 4A Track title at 3200-meters in both 2006 and 2007 ... also captured the 1600m state title in 2007, running a personal-best time of 4:10.70 ... finished 11th at the 2006 Nike BorderClash, and 21st in 2005 ... ran at the 2006 Footlocker West Regional, taking 11th-place ... led team to a top-five finish at state in his final three years ... helped track team to second at state in 2007 ... first team All-WesCo all four years in track, and three years in cross country.

## PETER FOLLMER PAC-10 COMPETITOR

Kent, Wash. • Kentridge HS

Sophomore



### MAJOR MEETS:

2008 Pac-10 TF ..... 16th, Discus

### COLLEGIATE BESTS:

Discus ..... 163-2

**2008:** Competed at the Pac-10 Championships in the discus, placing 16th with a throw of 155-6 ... had a season-best throw of 163-2 at the Ken Shannon Invite ... did not compete during indoor season.

**2007:** Redshirted both indoor and outdoor seasons, competing unattached in the shot put and discus ... season-best shot put of 43-11 1/4 came at the Husky Classic indoors ... outdoors, threw the disc 146-5 to place fourth at the Ken Shannon Invite.

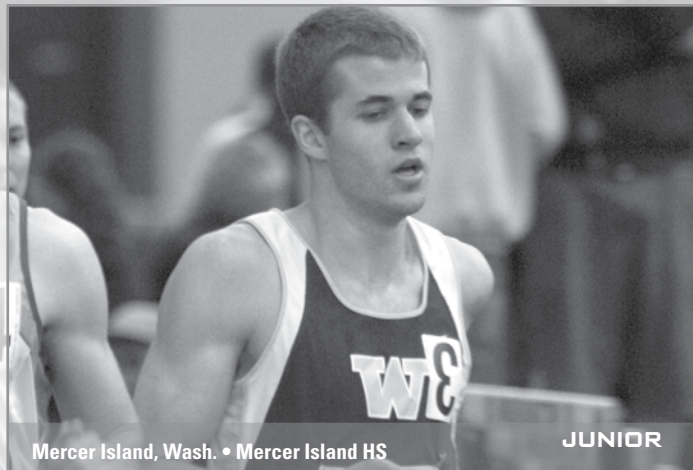
**High School and Personal:** Qualified for the Washington 4A state meet in the discus as a senior ... placed eighth in the district meet in the discus and 17th in the shot put ... also lettered in both football and basketball.



# MEET THE HUSKIES • Men's Profiles

## BRIAN GOVIER

MPSF MEET SCORER



Mercer Island, Wash. • Mercer Island HS

JUNIOR



### MAJOR MEETS:

2007 MPSF TF .....	5th, 800m	2008 MPSF TF .....	13th, 800m
2007 Pac-10 TF .....	10th, 800m	.....	6th, DMR
2007 Pac-10 XC .....	59th (8th UW)	2008 Pac-10 TF .....	14th, 800m

### COLLEGIATE BESTS:

800m - 1:50.19 / 1:50.51    1500m - 3:48.93    Mile - 4:11.31

A two-time Pac-10 competitor ... ranks fourth on the UW Indoor Top-10 list in the 800-meters.

**2007-08:** Ranked second on the squad in the 800-meters both indoors and out ... season-best time of 1:50.78 at the Sun Angel Classic was just 0.38 seconds short of the Regional mark ... was 14th overall in the 800-meters at the Pac-10 Championships ... took 2nd in the 800 at the UW-WSU dual meet ... ran the 800 at the MPSF meet, placing 13th ... also ran on UW's fastest DMR of the season, finishing 6th at MPSFs in 9:48.43 ... had a solid first cross country season, running a season-best 24:40 at Pac-10's where he finished eighth on the squad and 59th overall ... also was eighth among Huskies and 34th at the Sundodger ... placed 75th, No. 6 on the team at Dellinger Invite in 24:51 ... finished in 23rd place at Mike Hodges Invite.

**2006-07:** Consistently ran the 800m, 1500m, and mile in his first track campaign ... was UW's third-fastest 800m runner behind All-Americans Ryan Brown and Austin Abbott, turning in a season-best 1:50.19 at the UW Last Chance Qualifier ... took first in the 1500-meters at the UW Outdoor Preview ... best 1500m time of 3:48.93 ranked fourth on the squad ... also ran the distance medley relay at the UW Indoor Invitational ... redshirted the 2006 cross country season to preserve a year of eligibility ... ran unattached at the Willamette Invitational, placing 47th overall in 25:32 ... would have been UW's No. 7 runner if competing in uniform.

**High School and Personal:** Won the 2003 2A state cross country title ... earned top-10 state track championships finishes at both 800m and 1600m in each of his last two seasons ... was second at state at 1600m in 2005, and third in 2004, the latter race won by fellow Husky Austin Abbott ... ran fifth at state in the half-mile as a senior, and was seventh in the same event his junior year ... was the 2004 KingCo 3A conference champion for cross country ... also captured a KingCo track title later that year in the 800m, and was second at the KingCo meet in the 1600m ... one of eight runners named to DyeStat's Preseason All-Western United States second team in 2005.

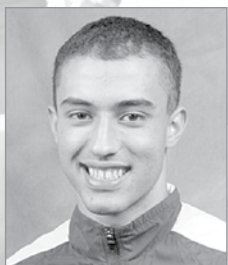
## JEFF GUDAITIS

NCAA TRACK COMPETITOR



Tacoma, Wash. • Tacoma Baptist

JUNIOR



### MAJOR MEETS:

2007 MPSF TF .....	17th, 200m	2008 MPSF TF .....	12th, 400m
.....	7th, 400m; 1st, 4x400m	.....	4th, 4x400m; 6th, DMR
2007 Pac-10 TF .....	10th, 400m	2008 Pac-10 TF .....	9th, 400m
.....	6th, 4x100m; 2nd, 4x400m	.....	5th, 4x400m
2007 Regional TF .....	2nd, 4x400m	2008 Regional TF .....	6th, 400m
2007 NCAA-O .....	17th, 4x400m		

### COLLEGIATE BESTS:

200m - 22.15    400m - 48.05 / 46.82

One of the top returning 400-meter runners in the West Region after placing 6th at Regionals in 2008 ... ran on 4x400m relay team at 2007 NCAA Championships.

**2008:** Cut more than a full second off his 400-meter personal bests during the season ... narrowly missed an NCAA Championships berth, finishing 6th in the 400m at West Regionals in a time of 47.30 ... set a new personal-best of 46.82 in the Pac-10 Championships prelims, eventually placing 9th overall ... won the 400m dash at the UW-WSU dual meet ... ran the lead-off leg of UW's fastest 4x400m relay teams both indoors and out ... 4x4 relay took second at Husky Classic in 3:09.74, the 6th-fastest indoor time in school history ... helped the 4x400m relay to 4th at the MPSF Championships ... also ran the 400-leg on UW's distance medley relay which took 6th at MPSFs in the fastest time of the season.

**2007:** Reached first NCAA Championships, running at the outdoor meet with the 4x400m relay which placed second at Regionals, and sixth in the NCAA semis ... was the lead sprinter on the 4x400 whose best time of 3:08.39 ranked 10th in school history ... also ran the relay indoors, with a season-best time of 3:09.08 bettering the NCAA provisional standard ... 4x400 relay captured the MPSF title in 3:09.28 ... also ran the 200m and 400m indoors ... placed seventh in the 400 at MPSFs in a season-best of 48.62 ... ran the 4x100 relay on three occasions, once at Pac-10's and in a season-best 40.96 in winning the UW-WSU dual ... 4x400m relay placed second at Pac-10 Championships.

**High School and Personal:** Mother is Maria Gudaitis ... helped Tacoma Baptist to the state A/B track titles in 2004 and 2006, serving as team captain for three years ... part of the state champion 4x400 relay all four years ... won state titles at 400 and 200-meters as a senior ... won 10 Sea-Tac League titles ... won the 400-meters at the Shelton Invite in 2004 and 2006 ... was also a four-year letterwinner in both football and basketball ... was named All-State in football as a wide receiver and defensive back in both 2004 and 2005 ... All-Pacific League in football and basketball from 2004-06 ... interested in a business major ... graduated with a 3.8 GPA.

## ZACK GUSSIN

MPSF COMPETITOR



Seattle, Wash. • Ballard HS

SOPHOMORE



## MAJOR MEETS:

2008 MPSF TF ..... 10th, Mile; 18th, 800m

## COLLEGIATE BESTS:

1500m - 3:55.76 Mile - 4:10.25

Set major personal bests last year in the mile and 1500m ... was 10th in the mile at the MPSF Championships.

**2008 (Cross Country):** Competed twice during the season starting with a 32nd place finish at the Sundodger Invite in 24:58 ... took third-place at the Emerald City Open.

**2007-08:** Made significant improvements during the track season ... ran lifetime-best mile time of 4:10.25 at the MPSF Championships, finishing 10th overall and running seven seconds faster than his PR entering the season ... also finished 18th in the 800m at MPSFs ... knocked four seconds off his best time in the 1500m, running 3:55.76 at the Oregon Invite ... opened the cross country season with 39th-place finish (9th UW) at Sundodger in 25:12 ... ran twice more during the season, placing third among Huskies at the Willamette and fourth at the Mike Hodges Invite.

**2006-07:** Competed in the mile three times during indoor track season, with best time of 4:17.70 coming at the UW Last Chance Qualifier ... ran twice unattached in the 1500m during outdoor season ... redshirted the cross country season to preserve a year of eligibility.

**High School and Personal:** Parents are Jordan and Debra ... has one older brother, Stephen ... is a triplet along with two sisters Rachel and Emily ... placed eighth at state in 2004 and 2005 ... was in the lead pack at state in 2003 before falling and finishing 66th ... won KingCo Conference cross country title in each of his final two seasons, and was the KingCo runner-up in 2003 ... placed second at the 2006 Brooks Meet of Champions in Portland ... ran eighth at the 2006 Washington/Oregon Border Clash meet, and was 16th at Border Clash in 2005 ... was sixth at state in the 1600m as a senior, and sixth in the 3200m his junior year ... prep teammate of fellow UW freshman Kailey Campbell.

## RYAN HAMILTON

PAC-10 4x100M CHAMPION



Vancouver, Wash. • Evergreen HS

SOPHOMORE



## MAJOR MEETS:

2008 MPSF TF ..... 60m, 21st	2008 Regional TF ..... 2nd, 4x100m
..... 200m, 12th	2008 NCAA-O ..... 14th, 4x100m
2008 Pac-10 TF ..... 16th, 100m	
..... 1st, 4x100m	

## COLLEGIATE BESTS:

60m - 7.01 100m - 10.76 200m - 21.96 / 21.80

Competed at the 2008 NCAA Championships in the 4x100m relay as a freshman, the only Husky freshman to compete at NCAA's ... anchored the 4x100 relay as it won the Pac-10 Championship, the first in Washington history.

**2008:** Anchored Washington's Pac-10 Champion 4x100-meter relay team, the first Pac-10 relay win in Husky history ... relay went on to place second at Regionals and was 14th at the NCAA Championships ... second on the team in the 60m and 100m dashes ... part of three different 4x100m relays that posted top-10 times in school history, led by the Pac-10 winning 39.52 run ... 4x100m relay also won the Oregon Invitational as well as the UW-WSU dual meet ... won the 60m dash at the UW Last Chance Qualifier with a PR of 7.01 seconds ... was 16th overall in the 100m dash at Pac-10's ... placed 12th in the 200m-dashes at the MPSF Championships.

**High School and Personal:** Washington State's top 100-meter sprinter in the 2007 season ... won the 100m 4A State title in 2007 with a time of 11.09 seconds into a headwind ... also anchored Evergreen's state titlwinning 4x100m relay ... won the 2007 Pasco Invitational 100m dash in 10.84 seconds and the 200m title in 22.54 seconds ... ran state-leading 100m time of 10.71 seconds in winning Shoreline Invitational ... bout of mononucleosis prevented him from qualifying for state in 2006 despite leading the state in the 100m and 200m ... a Seattle Times Athlete of the Week.

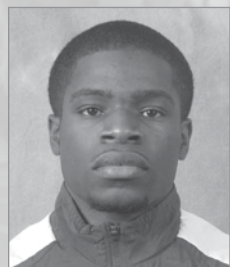


## KENJAMINE JACKSON NCAA REGIONAL COMPETITOR



Seattle, Wash. • Kentwood HS • Cal State Northridge

SENIOR



### MAJOR MEETS:

2007 NWAACC TF .....	1st, 100m	2008 Big West TF .....	8th, 200m
.....	1st, 4x100m; 1st, 4x400m	.....	2nd, 4x100m
2008 MPSF TF .....	14th, 60m	2008 Regional TF .....	DNF, 4x100m
.....	14th, 200m		

### COLLEGIATE BESTS:

100m - 10.54    200m - 21.10

Former Washington state 4A sprints champ joins Huskies with one outdoor and two indoor seasons remaining ... former NWAACC sprints champ and a West Regional qualifier in the 4x100m relay.

**2007-08 (Cal State Northridge):** Qualified for NCAA West Regionals in the 4x100m relay, but team did not finish at the Regional meet ... placed 8th in the 200-meter dash at the Big West Outdoor Championships and ran lead-off leg on second-place finishing 4x100m relay ... ran the 60- and 200-meter dashes at the MPSF Championships in the Dempsey Indoor.

**2005-07 (Clackamas CC):** Began collegiate career as a Clackamas Cougar ... won the Northwest Athletic Association of Community Colleges conference title in the 100-meters, 4x100m relay, and 4x400m relay in 2007 ... won 2007 Southern Regional titles in the 100- and 200-meter dashes.

**High School and Personal:** Born in Sherman, Texas ... parents are Suprema and Kenneth Jackson ... has one brother, Kenneth, and two sisters, Kendie and Keniatria ... father was a track All-American at Southern Methodist in 1981 and played football ... the 2005 Washington State 4A Champion in the 100-meter and 200-meter dashes in senior season ... also placed 4th in the 100 and 200 as a junior ... an All-State running back for the Kentwood football team ... named South King County Journal's Athlete of the Year in 2005.

## ADAM LONG

Los Angeles, Calif. • St. Bernard HS

Freshman



### PERSONAL BESTS:

100m .....	10.71
200m .....	21.20

**High School and Personal:** Attending Washington on a football scholarship but was also a standout sprinter in California ... finished third in the state in the 200 meters as a junior with a time of 21.20 ... won the 2007 CIF Southern Section Division I title in the 100 meters with a time of 10.53 ... also won the 200 in that same meet ... led football team to an 8-5 overall record and a 4-1 Del Rey League mark as a senior ... advanced to the semifinals of the CIF Southern Section Northwest Division playoffs, beating Morro Bay 48-45 in double overtime to make it to the semis ... rushed for 212 yards and four touchdowns in that win over Morro Bay ... played running back and cornerback for the Vikings ... named to the CIF Southern Section All-Northwest Division first team as a senior ... ranked the No. 85 recruit in the state of California and the No. 50 cornerback in the nation by Rivals.com.

## JOSH McCUNE

NWAACC CHAMPION

Tacoma, Wash. • Curtis HS • Clark CC

Sophomore



### PERSONAL BESTS:

Triple Jump .....	47-3
Long Jump .....	21-11

**2006-07 (Clark College):** Won the Northwest Athletic Association of Community Colleges (NWAACC) conference title in the triple jump, with a winning mark of 45-10 ½ ... earned Team MVP honors.

**High School and Personal:** Born in Tacoma, Wash. ... father is Dave McCune ... placed fifth in the triple jump at the 2006 Washington state high school meet ... was the SPSSL league and district champ in the triple jump ... competed in the Junior Olympics in 2005 and 2006, taking ninth in the triple jump in 2006 in Baltimore ... also competed in the 2006 Simplot Games ... talented all-around athlete played high school football and club baseball before deciding to focus on track ... planning to earn a double degree in economics and law, societies, and justice.

## ZACK MIDLES

## NCAA REGIONAL COMPETITOR



Olympia, Wash. • Capital HS

JUNIOR



## MAJOR MEETS:

2005 USA Jr. TF .....	4th, Hammer	2008 MPSF TF .....	6th, Weight
2007 MPSF TF .....	7th, Weight	2008 Pac-10 TF .....	3rd, Hammer
2007 Pac-10 TF .....	7th, Hammer	.....	15th, Discus
2007 Regional TF .....	10th, Hammer	2008 Regional TF .....	7th, Hammer

## COLLEGIATE BESTS:

Discus - 163-9    Weight - 60-3  
Hammer - 207-11

One of the top returning hammer throwers in the college ranks ... ranks fifth all-time at UW in the hammer throw and seventh in the weight throw ... third in the hammer at the 2008 Pac-10 meet.

**2008:** Washington's top thrower, leading the team in the hammer, weight, and discus ... came up just shy of an NCAA bid, finishing seventh in the hammer throw in the deep West Regional ... finished 29th in the final hammer throw descending order list and was the third-highest ranked sophomore ... placed 3rd in the hammer at the Pac-10 Championships with a new PR of 207-11, the fifth-best mark in UW history ... won both the hammer and discus throw in the UW-WSU dual ... threw the weight exclusively indoors, placing 6th at the MPSF Championships ... won the UW Last Chance Qualifier with a personal-best weight throw of 60-feet, 3-inches.

**2007:** Second on the team in the weight throw, competing five times indoors ... best weight throw of 58-5 ¼ came at Husky Classic ... placed seventh in the weight at MPSF Championships ... threw the hammer and discus during outdoor season, qualifying for NCAA Regionals in the hammer with a top throw of 198-9 at the Pac-10 Championships, where he finished seventh ... placed 10th at Regionals with 195-4 throw ... placed second in discus at Auburn Springtime Invite with season-best of 155-5 ... placed second in the hammer throw at the Stanford Invite and UW-WSU dual.

**2006:** Redshirted first season ... tossed the weight unattached on two occasions indoors, with a best of 53-1 1/2 ... also competed unattached outdoors, with bests of 45-6 1/2 in the shot, 142-10 in the discus and 177-7 in the hammer.

**High School and Personal:** Parents are Lisa and Dwight ... father, Dwight, is a former WSU Cougar and U.S. Olympic Trials competitor in the hammer ... older brother, Adam, was the 2005 Pac-10 hammer champion at USC ... also has two younger sisters, Olivia and Mackenzie ... named to the Track and Field News and USA Today All-America squads in both 2004 and 2005 ... led all U.S. preps in 2005 with a hammer best of 227-9 ... earned seven-career top-10 finishes at state, including a state hammer title in 2005 ... earned runner-up honors at state in the discus in 2004 and 2005, and was the state shot put runner-up as a junior ... placed fourth in the hammer at the 2005 U.S. Junior Nationals ... was 12th in the hammer at the 2003 World Youth Games in Quebec ... won the hammer at the 2005 Golden West Games in Sacramento, and the 2005 Youth Nationals in Eugene ... also excelled academically, earning Capital High School's Business Student of the Year honor as a senior.

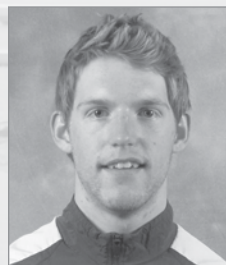
## KYLE NIELSEN

## NCAA REGIONAL COMPETITOR



Langley, B.C. • Centennial Secondary

SOPHOMORE



## MAJOR MEETS:

2008 Pac-10 TF .....	8th, Javelin	2008 Regional TF .....	16th, Javelin
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## COLLEGIATE BESTS:

Javelin - 212-5

One of the top freshman javelin throwers in the NCAA last season ... qualified for Regionals in the javelin and was the top finishing freshman at the Pac-10 Championships.

**2008:** Qualified for the NCAA West Regionals in the javelin in his first season, placing 16th at the Regional meet in Northridge, Calif. ... placed 8th in the javelin at the Pac-10 Championships with a throw of 210-10, and was the highest-placing freshman ... personal-best mark of 212-5 came in third-place finish at UW-WSU dual meet ... finished 53rd in the final NCAA descending order list in the javelin ... also placed 4th in the javelin at the Pepsi Team Invite and 3rd at the Oregon Invite ... did not compete during indoor season.

**High School and Personal:** Parents are Julie and Tom Nielsen ... one younger brother, Erik ... the top-ranked Canadian junior javelin thrower ... placed fifth in the javelin at the 2007 Pan-American Junior Games in Sao Paulo, Brazil with a throw of 210-9 ... won Canadian Junior Nationals in 2007 with 204-0 throw ... the British Columbia high school record holder in the javelin, throwing his personal-best of 219-2 at the High School Provincial Championships ... also placed first in the decathlon at the Provincial Champ's with 6,240 points, and was second in the shot put en route to being named Most Outstanding Athlete of the meet ... B.C. Athletics Junior Athlete of the Year in 2007 and was Coquitlam Cheetahs Track and Field Club Athlete of the Year ... is the B.C. Juvenile Record Holder (177-2) ... also lettered in football ... considering major in construction management with career as a project manager ... hobbies include fishing, hockey, and traveling.



## JEREMY MINEAU

## NCAA TRACK COMPETITOR



Menlo Park, Calif. • Menlo-Atherton HS

SENIOR



## MAJOR MEETS:

2004 Pac-10 XC.....27th (3rd UW)	2006 NCAA-O.....21st, 10000m
2004 Regional XC.....93rd (7th UW)	2006 Pac-10 XC.....7th (1st UW)
2005 USA Jr. XC.....5th	2006 Regional XC.....5th (1st UW)
2005 World Jr. XC.....68th (6th US)	2006 NCAA XC.....53rd (1st UW)
2005 Regional XC.....16th (2nd UW)	2007 MPSF TF.....2nd, 5000m
2005 NCAA XC.....93rd (1st UW)	2008 Pac-10 XC.....10th (1st UW)
2006 MPSF TF.....2nd, 5000m	2008 Regional XC.....8th (1st UW)
2006 Pac-10 TF.....21st, 5000m	

## COLLEGIATE BESTS:

1500m - 3:54.21   Mile - 4:11.68   3000m - 8:15.00  
 5000m - 13:54.03<sup>^</sup>   10000m - 28:49.69

<sup>^</sup> School Record

Gritty team leader propelled the Husky cross country squad to the NCAA Championships in 2008 and was UW's top finisher at Pac-10's and Regionals ... an NCAA Championships competitor at 10000m in 2006 ... holds UW record indoors at 5k and is second outdoors at 10k.

**2008 (Cross Country):** Returned from nearly a two-year absence to lead the team to the NCAA Championships, finishing first or second among Huskies at every meet he ran ... led the Huskies at West Regionals, finishing 8th overall to earn All-West Region honors ... Washington's top finisher at Pac-10's, placing 10th in 23:47 to earn All-Pac-10 second team honors ... forced to miss the NCAA meet due to a foot injury flare-up ... also led the team at the Tiger Invite, finishing fifth and helping the team to a second-place finish ... placed fifth at the Sundodger Invite in first cross country race in two years ... earned first career Pac-10 All-Academic first team selection.

**2007-08:** Redshirted cross country and track season.

**2006-07:** Competed just three times during track campaign after outstanding cross country season ... track season highlighted by a second-place finish at the MPSF Championships in the 5000m, clocking in at 14:06.34 ... led the Huskies in all five cross country meets he entered, including all-three postseason meets ... earned first-team All-Pac-10 and first-team All-West Region honors ... was seventh at the Pac-10 meet and fifth at the Regional, the latter matching the fifth-best ever by a Husky men's runner ... was 53rd overall at NCAAs, leading the Husky men to a 12th-place team finish ... team finish was UW's best since 1993 ... earned Team MVP and a coaches' award for leadership following the season ... also earned Academic All-Pac-10 second-team acclaim.

**2005-06:** Was a sophomore during the indoor season, but a redshirt freshman outdoors ... broke 15-year-old UW 5000m record indoors, clocking 13:54.03 at the MPSF Championships to take second ... time was a 17-second personal best, and four seconds faster than the previous UW record ... outdoors, qualified for first NCAA Championships with a time of 28:49.69 for 10000m at Stanford ... time was UW's second-best ever, and fastest ever by a Husky frosh ... was 21st in the 10000m at NCAAs, and was 21st in the 5K at Pac-10s ... was dynamic in the fall, leading the UW men to 27th at the NCAA XC Championships, his 93rd-place finish tops on the team ... missed the Pre-National and Pac-10 meets with an injury before coming back strong at Regionals ... was UW's No. 2 runner at Regionals, his 16th-place finish the second-best by a UW men's runner since 2001, and a 77-spot improvement over his finish at the same meet in 2004 ... shaved more than 2:30 off of his 10K cross country best at the Regional, finishing in 30:43 ... also competed at the Willamette Invite, placing ninth ... earned second-team Academic All-Pac-10 honors on the track, and was honorable mention in the fall.

**2004-05:** Was UW's top freshman during the cross country season ... one of three freshmen in UW's top-10 at Pac-10s ... was UW's No. 3 runner, 27th overall, at Pac-10s, second-best among Pac-10 frosh ... also ran third for UW at Pre-Nationals, and was team's No. 7 runner at the NCAA West Regional, his first-ever 10000m competition ... beat all but two Husky finishers in unattached debut at the Sundodger Invite, placing eighth ... qualified for the world cross country championships with a fifth-place finish at the U.S. Junior Nationals in February ... was Team USA's No. 6 finisher at worlds, placing 68th overall ... ran the 5000m in 14:11.81 indoors, then UW's fourth-best ever ... redshirted the outdoor season, competing unattached at 1500m and 5000m.

**High School and Personal:** Parents are Diana Gibson and David Mineau ... ranked second in the state, and 12th in the nation in 2004 with a 3200m PR of 9:01.54 ... swept Central Coast Section Cross Country Runner of the Year and Middle-Distance Runner of the Year honors in 2003-04 ... won CCS cross country titles in 2002 and 2003, including a course record in 2002 ... also won back-to-back section titles in the 3200m ... placed second at the 2003 Division-I state cross country meet ... captained Menlo-Atherton as a senior ... earned a 3.9 (unweighted) GPA.

# DAVID NYLAND

PAC-10 COMPETITOR



Woodinville, Wash. • Woodinville HS

SENIOR



## MAJOR MEETS:

2005 Pac-10 TF ..... 17th, JT    2006 Pac-10 TF ..... 14th, JT

## COLLEGIATE BESTS:

Javelin - 226-0

Twice a Pac-10 competitor in the javelin ... has battled injuries but shown huge potential ... last season was limited to one meet but threw a personal-best and one of the Top-15 marks in the NCAA in that lone appearance.

**2008:** Season was cut short by injury after just one meet, but that one meet included a personal-best javelin throw that held up as one of the best in the nation ... lone meet was the Pepsi Team Invite, which he won with a javelin throw of 226-feet, easily a Regional qualifying mark, and which still ranked 15th on the year-end NCAA descending order list.

**2007:** Competed once unattached in the javelin, throwing 215-10 which would have been the best throw on the team by over 30 feet and a Regional qualifying throw.

**2006:** Competed at Pac-10 Championships for second-straight year, placing 14th ... topped 200 feet for first time in a win at the Oregon Invite ... also earned wins at the Ken Shannon and Springtime Invitational ... threw over 190 feet at five of six meets in 2006 ... earned second-team Academic All-Pac-10 honors.

**2005:** Was UW's No. 3 javelin competitor in 2005, earning a season-best mark of 199-2 at the UW-WSU Dual ... competed in the javelin at the Pac-10 Championships, placing 17th ... won the javelin at the Spike Arlt Invitational with a throw of 195-0 ... also earned top-five javelin finishes at the UW Outdoor Preview, the Pepsi Invitational and the Ken Shannon Invite.

**High School and Personal:** Parents are Roslynn and Carl ... has an older sister, Carly ... took second at state in 2004 with a throw of 183-1 ... swept league and district titles as a senior ... placed fifth in the javelin at the 2004 U.S. Junior Nationals and third in the Meet of Champions that same year ... named Team MVP as a senior, and served as team captain his junior and senior seasons ... completed the 2003 Seattle Marathon ... earned a 3.79 GPA in high school ... interested in a career in law enforcement.

# JARED O'CONNOR

NCAA ALL-AMERICAN



Clifton Park, N.Y. • Shenendehowa HS • North Carolina

SENIOR



## MAJOR MEETS:

2005 ACC TF-I ..... NH, PV    2008 NCAA-O ..... 2nd (tie), PV\*  
2006 ACC TF-I ..... 7th, PV  
2008 Pac-10 TF ..... 14th, PV    \* - Indicates All-America Honor Won  
2008 Regional TF ..... 1st, PV

## COLLEGIATE BESTS:

Pole Vault - 16-7 1/2 / 17-5

Ended last season with a huge breakthrough, winning the West Region pole vault title and finishing second at the NCAA Championships to earn All-America honors ... raised his PR by nearly a foot over the season's final two meets.

**2008:** Made huge improvements at the NCAA Regionals and NCAA Championships, which resulted in a West Regional title and a second-place finish at nationals ... in first NCAA appearance, tied for second with a clearance of 17-2 3/4 in difficult winds, and earned first career All-America honor ... entered West Regionals with a season-best of 16-6 3/4, the minimum qualifying mark, then proceeded to clear new personal-bests on three straight vaults to win the title with a mark of 17-5 as he improved his PR by nearly a foot in one day ... also impressive was his newfound consistency, as O'Connor went from missing his first Regional attempt at 16-1 3/4, to clearing the next three heights on his first try, something he did equally well at NCAA's ... cleared 16-6 3/4 at the Sun Angel Classic and Mt. SAC Relays to qualify for Regionals ... indoors, top vault was 16-7 1/2 at the UW Invitational.

**2007:** UW's No. 4 pole vaulter outdoors, cleared 16-0 3/4 at the Pepsi Invite for a second-place finish ... cleared the same height in unattached competition at the Mt. SAC Relays ... competed three times unattached during indoor season.

**2006 (UNC/UW):** Competed indoors at North Carolina before transferring to Washington in the spring ... was the No. 7 overall finisher at the ACC Indoor Championships, clearing 15-7 ... topped personal-best 16-7 1/4 at the Virginia Tech Last Chance Meet indoors ... redshirted the outdoor campaign at UW.

**2005 (North Carolina):** Competed indoors and outdoors for the Tar Heels ... topped season-best 15-1 indoors.

**High School and Personal:** Parents are Gale and Brian ... has an older brother, Aaron ... won back-to-back state indoor titles in 2003 and 2004 ... set the New York state prep record with a clearance of 15-10 in his victory at state indoors in 2004, held in the Syracuse Carrier Dome ... matched the performance at the 2004 Nike Indoor Nationals at the New York City Armory ... earned All-America honors with finishes at the Nike Indoor Nationals in both 2003 and 2004 ... a three-time state qualifier and four-time Nike Nationals competitor.



# MEET THE HUSKIES • Men's Profiles

## MAX O'DONOGHUE-McDONALD REGIONAL XC COMPETITOR



Seattle, Wash. • Seattle Prep

RS FRESHMAN



### MAJOR MEETS:

2007 Pac-10 XC.....40th (4th UW) 2007 Regional XC.....46th (2nd UW)

### COLLEGIATE BESTS:

Mile - 4:11.13 8,000m (XC) - 24:05

Washington's Newcomer of the Year in 2007 on the cross country squad redshirted the 2008 fall season ... Washington State 3A 3200-meters Champion in 2005 and 2007.

**2007-08:** Top freshman on the squad, running in the top five at every varsity meet ... ended on a high note, finishing second on the team and 46th overall at Regionals in a time of 31:18 ... finished 40th in his first Pac-10 Championships, the fourth Husky across the line ... was the third UW finisher, sixth overall, in college debut at Sundodger ... also ran in UW's top-five at Dellinger and Pre-National meets ... competed just once during track season, a 4:11.13 mile run at the UW Indoor Preview, before redshirting the remainder of the season.

**High School and Personal:** Parents are Amy O'Donoghue and Greg McDonald ... has younger brother, Drew, and younger sister, Lily ... one of the best prep distance runners in Washington state history ... 2006 Footlocker Cross Country Third Team All-American after placing 15th at the Footlocker Cross Country National Championships ... 3A state cross country champion in 2005 and 2006, runner up in 2004 ... as a senior in 2006, won state in a time of 15:32, over 30 seconds faster than second-place finisher ... Seattle Prep finished top-five at state all four years of his prep career ... 3A state track champion at 3200m in 2005 and 2007 ... also finished fourth in the 1600m race at state in 2007 ... Metro League and King County District cross country champ from 2004-06 ... won 2006 Nike WA/OR Border Clash in time of 14:01 over 4,400m ... Seattle Prep Athlete of the Year for 2007 ... prep teammate of fellow freshman Ryan Styrk ... graduated with 3.6 GPA ... undeclared major.

## JORDAN POLK OREGON STATE CHAMPION

Portland, Ore. • Lincoln HS

Freshman



### PERSONAL BESTS:

60m .....7.04  
100m .....10.63  
200m .....21.81

**2008 (Football):** Saw action in 11 games during freshman season, mostly as a kick returner ... returned 32 kicks for 595 total yards with a long of 38-yards ... also caught four passes and had nine rushing attempts.

**High School and Personal:** Attending Washington on a football scholarship ... won the 2008 Oregon 6A state 100m title in a PR of 10.63 seconds, and was second in the 200-meters in 21.81 seconds as well as anchoring runner-up 4x100m relay ... also was district champion in both short sprints as a senior ... placed eighth in the long jump at state as a junior ... won the 100, 200, 4x100 and long jump at the Oregon Junior Olympics meet in 2006 ... in football earned first-team 6A all-state as a senior at Lincoln ... as a senior, led his league and was second in the state of Oregon with 1,209 receiving yards and 72 receptions ... 19 receiving TDs were the most in the state (6A) in 2007 ... ranked the No. 4 recruit in the state of Oregon by Rivals.com and the No. 3 prospect in his state by Superprep ... won Oregon state 100-meter title as a senior with a time of 10.63 ... as a junior, averaged more than 31 yards per catch with 45 receptions for 1,435 yards and 16 touchdowns ... also an outstanding basketball player ... as a point guard, led basketball team to league title as a junior ... as a junior, was a finalist for the Oregon state prep athlete of the year.

## CAMERON QUACKENBUSH WASHINGTON STATE CHAMPION

Spokane, Wash. • Ferris HS

RS Freshman



### COLLEGIATE BESTS:

Mile .....4:22.93  
3000m .....8:35.83

**2008 (Cross Country):** Started the season out strong with a 13th-place finish at the Sundodger Invite in 24:31 that was fourth among Huskies ... ran at the Pac-10 Championships but was unable to finish ... also ran at the Cascade Conference Preview.

**2007-08:** Ran twice unattached both indoors and outdoors on the track ... season-best mile time was 4:22.93 ... ran the 3000m and 5000m outdoors ... ran unattached in the fall at the Sundodger and at the Mike Hodges Invite ... placed 29th at the Mike Hodges, which would have been sixth on the squad.

**High School and Personal:** Born in Mount Pleasant, Missouri ... parents are Darlene and Rob Quackenbush ... has one older brother, Michael, and younger brother, Taylor ... Michael runs cross country for the University of Portland ... did not run cross country as a freshman, but by senior year was the 4A state champion in a time of 15:44 ... placed 24 th in state as a junior in 2005 ... named first team Greater Spokane League in 2005 and 2006 and all-state in 2005 and 2006 ... led Ferris to first at state junior and senior years ... competed at the Nike Team Nationals in 2006, placing fifth in the 5k ... placed 12 th at 2006 Stanford Invitational ... ran sixth in the 3200m at 2007 Shoreline meet ... undecided on major.

## SCOTT ROTH

## TWO-TIME NCAA ALL-AMERICAN



Granite Bay, Calif. • Granite Bay HS

SOPHOMORE

The nation's top-ranked freshman pole vaulter in 2007 will look for a strong bounce back season after he was limited to four meets in 2008 ... reached NCAA Championships each season he has competed and twice an All-American ... one of only four 18-foot pole vaulters in UW history and the freshman record holder ... a junior indoors and sophomore outdoors.

**2008:** Competed at third-consecutive NCAA Championships meet at the 2008 NCAA Indoors where he placed 10th, barely missing a third career All-America honor ... the runner-up in the pole vault at the MPSF Championships, clearing a season-best 17-8 ¼, the best mark by any Husky in 2008 ... won the Husky Classic pole vault with a mark of 17-1 ... limited to just four meets due to injury and redshirted the outdoor season.

**2007:** Record-breaking freshman season resulted in two All-American honors and a gold medal at the Pan-American Junior Athletic Championships ... was the nation's top-ranked freshman vaulter, setting a school freshman record with a clearance of 18-1 ¾ at the Last Chance Qualifier, surpassing the NCAA auto mark ... finished 11th at NCAA Indoors, earning first All-American award ... followed that with second All-American honor at NCAA Outdoor Championships, finishing eighth ... placed second at the Pac-10 Championships with outdoor best of 17-10 ½ ... broke Jeff Taylor's freshman pole vault record of 17-0 that had stood since 1972 ... also broke the 18-foot mark at the UW Indoor Invitational, winning the event with an 18-1 vault ... also won the pole vault at the ASU Clif Bar Invitational, the Pepsi Invitational, UW-WSU dual, and Ken Shannon Invite ... placed second at Regionals with a vault of 17-5 ... ranks second on UW's indoor Top-10 behind only two-time World Champion Brad Walker ... took second at U.S. Junior Track and Field Championships in June, qualifying for the junior Pan-Am games in Sao Paulo, Brazil, where he captured gold with a top clearance of 17-4 ½.

**High School and Personal:** Parents are Laurie and Curt ... has a brother, Derek ... father, Curt, was a pole vaulter at Sacramento State ... won the vault at the 2006 USATF Jr. National Championships, clearing 17-0 3/4 ... also won national crowns at the 2005 Nike Outdoor Nationals, the 2005 USA Youth Outdoor Track and Field Championships, and the 2006 Nike Indoor Nationals ... competed for Team USA at the 2006 Junior World Championships in China ... finished the 2006 season ranked ninth in the world by the IAAF among junior-age vaulters with a best of 17-5 ... took the silver medal at the 2005 IAAF World Junior Championships in Morocco, tying the meet record with a clearance at 17-2 3/4 ... mark ranked 13th in the world among junior-age vaulters in 2005 ... cleared 16-4 as a sophomore in 2004, nearly 10 inches beyond any other U.S. sophomore ... earned a 4.18 prep GPA.



## MAJOR MEETS:

2005 Jr. World TF.....2nd, PV	2007 Regional TF.....2nd, PV
2006 USA Jr. TF.....1st, PV	2007 NCAA-O.....8th, PV*
2007 MPSF TF.....NH, PV	2008 MPSF TF.....2nd, PV
2007 NCAA-I.....11th (tie), PV*	2008 NCAA-I.....10th (tie)
2007 Pac-10 TF.....2nd, PV	

## COLLEGIATE BESTS:

Pole Vault - 18-1 3/4i / 17-10 1/2



## JAKE SCHMITT

## NCAA TRACK COMPETITOR



Kentfield, Calif. • Redwood HS • California

JUNIOR



## MAJOR MEETS:

2005 Pac-10 XC.....49th (7th Cal)	2008 MPSF TF.....6th, 3000m
2005 Regional XC.....70th (5th Cal)	.....6th, 5000m
2006 MPSF TF.....15th, 3000m	2008 NCAA-O.....21st, 10000m
.....20th, 5000m	2008 Pac-10 XC.....16th (3rd UW)
2006 Pac-10 TF.....10th, 10000m	2008 Regional XC.....26th (3rd UW)
2006 World Jr. TF.....17th, 10000m	2008 NCAA XC.....58th (1st UW)

## COLLEGIATE BESTS:

1500m - 3:54.40	Mile - 4:09.67	3000m - 8:09.17
5000m - 14:04.40i	10,000m - 28:56.05	

An NCAA Outdoor 10,000-meters competitor in 2008 during first season eligible as a Husky ... holds the third-fastest 10K time in school history ... was UW's top finisher at the 2008 NCAA Cross Country Championships, leading the men to 18th-place.

**2008 (Cross Country):** Ran in UW's top-three at every meet and was the top Husky finisher at the NCAA Cross Country Championships, placing 58th (30:33) and leading the team to an impressive 18th-place finish ... was the top Husky finisher at Pre-Nationals, running 24:08 for a 27th-place finish ... also led the team at the Sundodger, coming in third in 23:48 ... was 16th overall and third on the team at the Pac-10 Championships ... placed 26th overall and third among Huskies at West Regionals, running 29:53 over 10K ... earned Pac-10 All-Academic honorable mention.

**2007-08:** Qualified for his first NCAA track championships, making the field in the 10000-meters outdoors ... finished 21st at NCAA's in 30:44.12 ... ran the 3rd-best 10K in school history at the Stanford Invitational, where he finished 18th against top college and professional athletes in 28:56.05 ... indoors, ran an NCAA Provisional time of 14:04.40 in the 5000-meters at the Husky Classic, the 3rd-fastest indoors in Husky history ... placed sixth at the MPSF Championships in both the 3000-meters and 5000-meters ... improved his mile and 3K personal-bests, running 4:09.67 and 8:09.17, respectively ... competed twice unattached in cross country while redshirting season following transfer from Cal ... UW's top unattached competitor, beginning with No. 4 finish at Sundodger which would have been second on the squad ... placed third overall at the Willamette Invite in 24:02.

**2006-07 (Cal):** Competed in 2006 Junior World Track Championships in Beijing, China, placing 17th in the 10,000m ... did not compete during track season ... ran twice for the Golden Bears during 2006 cross country season, once at the Chile Pepper Festival where he ran fourth for Cal in 30:37.04 over 10k, and once at the Pac-10 Championships where he was Cal's No. 3 runner and 50th overall in a time of 24:58.02.

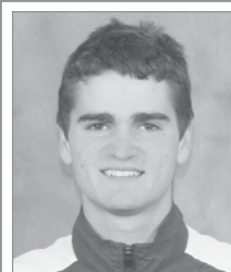
**2005-06 (Cal):** Ran distance events during track season ... competed in two events at the MPSF Championships, the 5000m (14:44.92) and the 3000m (8:19.76) ... clocked in at 25:51 (49th) at the Pac-10 Championships ... in the 10,000m at the Stanford Invitational, finished at 30:15.38 ... competed five times for Cal during freshman cross country season, running in Bears' top-seven in every outing ... in the NCAA West Regional, placed 70th overall in 32:01 ... finished 49th at the Pac-10 Championships, clocking 25:51.

**High School and Personal:** Born in San Francisco, California ... parents are Tom and Laura Schmitt ... both parents competed in cross country and track and field at Cal ... mother coaches Redwood High School's cross country team ... two younger sisters, Meagan and Caitlin ... sister Meagan plays volleyball at Cal ... Grabbed 19th place at the 2004 Footlocker Cross Country Nationals ... claimed the California state cross country title as a senior at Redwood HS...placed fifth in the 3200m at the 2005 state meet ... a 2004 Verizon Junior All-American in track and field and honorable mention All-American in cross country ... 11-time Marin County Athletic League champion in cross country and track and field ... six-time North Coast Section champion in cross country and track and field ... led high school to three league cross country titles and one in track and field ... majoring in psychology.

## SAM RUCKER FOUR-TIME STATE CHAMPION

Seabeck, Wash. • Klahowya Secondary School

RS Freshman



### COLLEGIATE BESTS:

400m .....49.61

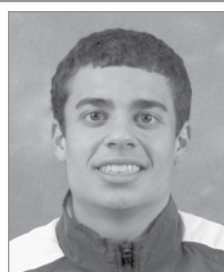
**2008:** Redshirted both seasons but saw action in the 200- and 400-meters running unattached ... turned in a season-best 400-meter time of 49.61 in poor weather at the Ken Shannon Invite, placing fourth.

**High School and Personal:** Swept the Washington 2A State titles in the 200-meter and 400-meter dashes as a senior ... did not lose a 400-meter race as a senior ... also captured the 2A state titles in the 100m and 200m dashes as a junior ... won Olympic League and West Central District titles in the 100, 200 and 400 ... also an all-league defensive back on the football team.

## RYAN SOBERANIS OREGON 4A STATE CHAMPION

Camas, Wash. • La Salle HS (Ore.)

Freshman



### PERSONAL BESTS:

800m .....1:56  
1500m .....4:17

**High School and Personal:** Born in Fairfax, Virginia ... parents are Judy and Rick Soberanis ... has one younger brother, Alex ... competed in track as a sophomore and a senior ... won Oregon State 4A 800-meter title as a senior in 2008, running 1:56.01 ... also ran on 8th-place 4x400m relay team ... named team's Most Inspirational and led team to third at state ... named team's Newcomer of the Year as a sophomore, placing third in the Capital Conference 800-meters and second in the 4x400m ... also lettered in basketball from 2006-08 and in cross country in 2006 and 2007 ... was 2007 cross country team MVP and earned Senior Award for basketball in 2008.

## KELLY SPADY

### NCAA XC COMPETITOR



Mukilteo, Wash. • Kamiak HS

JUNIOR

### MAJOR MEETS:

2006 MPSF TF.....14th, 3000m	2008 Pac-10 TF.....16th, 1500m
2007 MPSF TF.....10th, 3000m	.....23rd, 5000m
2007 Pac-10 TF.....11th, 5000m	2008 Pac-10 XC.....16th (2nd UW)
2007 Pac-10 XC.....37th (3rd UW)	2008 Regional XC.....26th (2nd UW)
2007 Regional XC.....31st (1st UW)	2008 NCAA XC.....86th (2nd UW)

### COLLEGIATE BESTS:

1500m - 3:50.68 Mile - 4:09.56 3000m - 8:07.69  
5000m - 14:17.04i



Expected to be one of the team's top distance contributors after great end to cross country season ... ran second on the team at all three postseason meets, helping the men's cross country team to 18th at nationals ... ranks in UW's indoor Top-10 in the 3,000m and 5,000m.

**2008 (Cross Country):** Made season-debut late in the year at the Pac-10 Championships, helping propel the men to the NCAA Championships ... was the second Husky finisher at each of the three postseason meets, starting with a 15th-place finish at Pac-10's in 23:58 ... earned All-West Region honors for his 24th-place showing at the Regional meet ... finished 86th overall, second among Huskies, in his first NCAA Championships appearance as UW placed 18th.

**2007-08:** Competed just once indoors, running 4:11.74 in the mile at the UW Last Chance meet ... ran a full slate outdoors, and competed in both the 1500m and 5000m at Pac-10's ... 1st in the 1500m at the UW Outdoor Preview in 3:55.84 ... took 7th in the 5K at the Pepsi Team Invite ... had a breakthrough sophomore cross country season, running in UW's top three at every varsity race including leading the team at West Regionals with a 31st-place finish ... top Husky finisher at Dellinger Invite, placing 21st in season-best 23:57 ... also ran third for the Huskies at Pre-Nationals and the Pac-10 Championships, finishing 37th at the conference meet.

**2006-07:** UW's top performer in 3000m indoors, running a season-best 8:07.69 at the MPSF Championships for 10th place ... placed 11th at the Pac-10 Championships in the 5000m with a time of 14:35.93 ... 4:09.56 mile time at Last Chance Qualifier was a new PR ... during cross country was the No. 2 UW finisher, in 11th overall, at Sundodger, and was Washington's No. 7 finisher at the Dellinger Invite ... also ran in the open race at Pre-Nationals, placing 103rd overall.

**2005-06:** Competed indoors in the mile and 3000m ... placed 14th in the 3K at the MPSF Championships ... clocked a season mile best of 4:11.42 at the Husky Classic ... redshirted the 2005 cross country season ... competed twice unattached.

**High School and Personal:** Parents are Sheri Henderson and Bob Spady ... has three younger siblings ... the 2004 state 4A cross country champion ... time of 15:24 on the 5000m course was third-fastest in meet history ... ran 10th at state in 2003, and 12th in 2002 ... placed 13th at the 2004 Foot Locker Cross Country Regionals in Walnut, Calif. ... finished sixth in Border Clash event in 2004 ... swept league and district titles in 2004 after finishing second and third, respectively, in previous season ... earned 4A State All-Star honors as senior ... ran fourth in 3200m at state in 2005, and 13th in 2004.



## JORDAN SWARTHOUT

NCAA XC COMPETITOR



Olympia, Wash. • Capital HS

SOPHOMORE



### MAJOR MEETS:

2008 Pac-10 TF ..... 25th, 5000m    2008 Regional XC ..... 36th (5th UW)  
2008 Pac-10 XC ..... 33rd (4th UW)    2008 NCAA XC ..... 108th (3rd UW)

### COLLEGIATE BESTS:

3000m - 8:24.74    5000m - 14:32.72

Came into his own during latter half of 2008 cross country season, placing third among Huskies at NCAA's as UW placed 18th ... ran UW's best 5K time outdoors last season ... a Pac-10 All-Academic First Team member.

**2008 (Cross Country):** Became major contributor during the three postseason races, ending with a 108th-place finish at the NCAA Championships which was third on the team as UW placed 18th overall ... scored at the Pac-10 Championships, finishing 33rd overall and fourth on the team ... was the Huskies' fifth finisher at Regionals, placing 36th in his first 10,000-meter run ... also ran sixth for UW at Pre-Nationals and 103rd overall ... placed 19th at the Sundodger Invite, sixth on the team ... earned Pac-10 All-Academic First Team distinction.

**2007-08:** Was one of UW's top distance runners during the outdoor track season, leading the team at both 3000 and 5000-meters ... ran a 3000m PR of 8:28.28 at the WSU dual for 2nd place ... placed 6th in the 5K at the Pepsi Team Invite ... clocked a 5K personal-best of 14:32.72 at the Oregon Invite ... competed at first Pac-10's, finishing 25th in the 5000-meters in 14:58.33 ... indoors ran the 3K on two occasions, with a best of 8:24.74 at the UW Last Chance Qualifier ... ran three times during cross country, beginning with a 74th-place finish at the Sundodger ... ran at the Willamette invite and the Mike Hodges Invite.

**2006-07:** Competed just once in cross country, finishing 86th at the Willamette Invitational in a time of 26:10 ... did not compete during track season.

**High School and Personal:** Parents are Mike and Kathi Swarthout ... has one younger sister, Kailyn ... a six-time state championships participant, including three in cross country, two in track and one in swimming ... placed 11th at the state cross country championships as a senior, and was ninth in 3200m at 2006 state track meet also competed at state cross country in 2003 and 2004, and at state track in 2004 ... won 3200m league titles in 2004 and 1600m league title in 2006, and was second at 1600m in 2005 ... placed 23rd at the 2005 Washington/Oregon Border Clash meet ... was named The Olympian's Boys Cross Country Runner of the Year in 2004 ... winner of the 2006 "Scholar Athlete Milk Mustache of the Year Award," presented by USA Today ... also lettered four years in swimming, earning mention on The Olympian's 2005 list of "South Sound's Top Swimmers" ... earned a 3.98 GPA.

## JEREMY TAIWO

TWO-TIME 4A STATE CHAMPION

Renton, Wash. • Newport HS

Freshman



### PERSONAL BESTS:

Triple Jump ..... 48-3 1/2  
High Jump ..... 6-8  
Long Jump ..... 23-2

**High School and Personal:** Born in Ballard, Wash. ... parents are Irene Botero and Joseph Taiwo ... has one younger brother, Patrick ... father Joseph was a two-time Olympian competing for Nigeria at the 1984 and 1988 games, placing 9th both times in the triple jump ... mother Irene attended UW law school ... one of the best jumpers in recent state history ... won the 3A state triple jump and high jump titles as a sophomore, and set the sophomore state triple jump record with a mark of 48-3 1/2 ... placed second in the triple and high jumps at the 2008 state meet after coming back from a foot injury that cause him to miss his junior year ... made it to state as a freshman as well in the high jump, finishing 8th ... overall athleticism evidenced by winning the boys decathlon at the 2008 Washington State Multi-Event Championships ... named a Seattle Times Prep Athlete of the Year ... also was part of the KingCo Champion 4x400m relay team in 2006 ... lettered in basketball, earning KingCo conference honorable mention ... graduated with a 3.8 GPA.

## ANGUS TAYLOR

CANADIAN JUNIOR CHAMPION

Richmond, B.C. • Vancouver College Prep

Freshman



### PERSONAL BESTS:

Hammer ..... 212-8  
Discus ..... 186-2

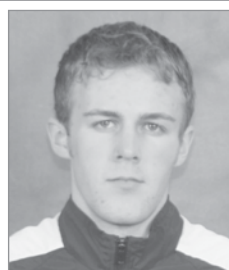
**High School and Personal:** Born in Vancouver, B.C. ... parents are Jennifer and Peter Taylor ... has one older sister, Sarah ... one of the top junior throwers in Canada ... competed at the Canadian Youth Nationals from 2005-07, winning the discus in 2005 and 2007 and the hammer in 2007; also took second in the hammer and discus in 2006 ... qualified for the World Youth Games in Ostrava, Czech Republic in 2007, placing 21st in the hammer throw ... won the hammer throw at the Canadian Junior Nationals in 2007 and 2008, and was top-three in the discus both years ... named track team's Most Valuable Athlete every year of prep career ... won the provincial hammer and discus throws as both a junior and senior ... senior year led team to provincial title and swept the league, district, and provincial titles in the hammer and discus ... also played three years of basketball and two in football ... made honor roll during senior year.

## MILES TIMPE

### PAC-10 COMPETITOR

Enumclaw, Wash. • Enumclaw HS

Sophomore

**MAJOR MEETS:**

2008 Pac-10 TF.....15th, 400m IH

**COLLEGIATE BESTS:**

400m .....49.64

400m IH.....53.85

**2008:** Concentrated on the 400-meters during the indoor season before tackling the 400m hurdles outdoors ... earned his way to the Pac-10 Championships where he placed 15th overall in the 400m hurdles in a season-best time of 53.85 seconds ... placed second in the 400m IH at the Oregon Invitational ... won the 400m IH at the UW Outdoor Preview and the PLU Invitational ... top 400m time indoors of 49.64 at the UW Invitational.

**High School and Personal:** Born in Seattle ... parents are Sue Ellen and Phil Timpe ... has one younger brother, Braden ... placed third at the Washington state high school championships in the 300m hurdles as a senior, in a personal-best time of 38.6 seconds ... also was ninth at state the same year in the 110m hurdles ... placed first in both SPSL league and West Central District III in the 300m hurdles ... also lettered in cross country as a senior ... graduated with a 3.7 GPA.



**Jordan Swarthout and Colton Tully-Doyle both ran in UW's top-five at the 2008 Pac-10 XC Championships where UW took third, and at NCAA's where the men placed 18th.**

## COLTON TULLY-DOYLE

NCAA XC COMPETITOR



San Diego, Calif. • Rancho Bernardo HS • UCSB SOPHOMORE

**MAJOR MEETS:**

2007 Pac-10 XC.....53rd (6th UW) 2008 Pac-10 XC.....34th (5th UW)

2007 Regional XC.....123rd (7th UW) 2008 Regional XC.....100th (7th UW)

2008 MPSF TF.....24th, 3000m 2008 NCAA XC.....154th (5th UW)

**COLLEGIATE BESTS:**

Mile - 4:14.29 3000m - 8:27.92



Competed in first career NCAA Championships with cross country in the fall, scoring for the men as they placed 18th.

**2008 (Cross Country):** Ran in the Huskies' top-seven at every meet including the NCAA Championships where he was UW's fifth and final scorer in the team's 18th-place finish ... finished 154th overall at the NCAA Championships in a 10K best of 31:19 ... was UW's fifth finisher again at the Pac-10 Championships where he placed 34th, up nineteen spots from the year before ... one of his best runs came at Pre-Nationals, where he placed 68th, third among Huskies ... opened season with an 18th-place finish at the Sundodger Invite.

**2007-08:** Made biggest impact in cross country, cracking UW's top-seven for the first time in the Huskies' two postseason meets ... placed 53rd, sixth on the team, at Pac-10's in 24:25 ... ran seventh on the Huskies at Regionals ... strong showing at Mike Hodges Invite, placing 22nd (2nd UW) ... competed unattached at the Sundodger but was 17th overall and sixth among all Husky team members ... first track appearance came at the MPSF Championships, where he ran the 3000-meters ... competed just twice outdoors.

**2006-07 (UCSB):** Running cross country, placed 10th overall and fifth among Gauchos at Titan Invitational ... Finished 23rd overall in season-opening Annual Alumni Meet dual with Cal Poly ... placed 54th at UC Irvine Invitational ... also competed at the Stanford Invitational, running 26:16.

**High School and Personal:** Born in Santa Rosa, California ... parents are Juli Tully and Dennis Doyle ... the youngest of six siblings (four brothers, one sister) ... a three-time Palomar League Champion in track ... named All-CIF cross country in 2005 and 2006 ... named All-CIF track in 2005 and 2006 ... placed eighth at the 2006 California state meet in the 1600m in 4:14 ... competed at the 2006 Golden West meet, finishing second in the 3200m ... finished sixth at the 2006 Arcadia Invite in the 3200m.



## JOE TURNER

### PAC-10 4x100M CHAMPION



Fresno, Calif. • Edison HS • Modesto Junior College

SENIOR



#### MAJOR MEETS:

2007 California JUCO .....	2nd, 200m	2008 Pac-10 TF .....	4th, 200m
.....	3rd, 400m	.....	1st, 4x100m; 5th, 4x400m
2008 MPSF TF .....	6th, 200m	2008 Regional TF .....	6th, 200m
.....	16th, 400m	.....	2nd, 4x100m
.....		2008 NCAA-O .....	14th, 4x100m

#### COLLEGIATE BESTS:

60m - 6.93	100m - 10.65	200m - 20.74
	400m - 47.12	

One of the team's most valuable sprinters during his first season following a transfer from Modesto Junior College ... Pac-10 Champion and NCAA competitor in the 4x100m relay ... a three-time junior college All-American.

**2008:** Undertook a lengthy season that began at the UW Winter Preview in December of 2007 and did not end until the NCAA Outdoor Championships in June of 2008, running everything from the 60-meter to 400-meter dashes and both sprints relays ... ran the third leg of the team's 4x100m relay which won the Pac-10 Championship in 39.52 seconds, the first conference title in the event for UW ... ran at first career NCAA's with the 4x100, placing 14th overall ... just missed an NCAA berth in the 200m dash, placing 6th at Regionals ... placed fourth at the Pac-10 meet in the 200-meters, and ran a season-best 21.06 in the prelims ... part of UW's fastest 4x400m relay, which took fifth at Pac-10's in 3:09.16 ... 4x100m relay also won the UW-WSU dual and Oregon Invite ... posted the team's fastest times in the 60m and 100m dashes ... sixth at the MPSF Championships in the 200m dash and was 16th in the 400m.

**2005-07 (Modesto Junior College):** A three-time JuCo All-American ... set the school record in the 200-meters (20.74), winning the California state title in San Mateo in 2006 ... named Nor-Cal Runner of the Year in 2006 ... was second in the 200m and third in the 400m at the 2007 California Junior College Championships ... qualified for U.S. Olympic Trials in 200-meters.

**High School and Personal:** Parents are Lavada Haynes and Donnie Joe Turner ... two older brothers, Willard Lanont Haynes and Donnie Marquise Turner ... competed at state all four years of high school in the 100m and 200m, never finishing lower than fifth ... placed second in the 200-meters at the Arcadia Invitational in 2005, and third in the 100-meters ... captained track team and was named team MVP all four years ... Gatorade Scholarship Award winner senior year ... lettered four years in football ... high school teammates with Pac-10 players such as Brandon Breazell of UCLA and Bernard Hicks and Charles Amadi of Cal ... majoring in sociology with a minor in law, society, and justice.

## RYAN VU

### MPSF MEET SCORER



Bellevue, Wash. • Interlake HS

JUNIOR



#### MAJOR MEETS:

2007 MPSF TF .....	14th, PV	2008 MPSF TF .....	7th (tie), PV
2007 Pac-10 TF .....	NH, PV	2008 Pac-10 TF .....	17th, PV

#### COLLEGIATE BESTS:

Pole Vault - 16-6 1/2 / 16-0 3/4

A two-time Pac-10 competitor in the pole vault and scored for UW at the 2008 MPSF meet.

**2008:** Cleared 16-feet every time out during the indoor season, highlighted by a 7th-place finish at the MPSF Championships where he cleared 16-6 1/2 ... tied for fifth at the Husky Classic, clearing 16-1 1/4 ... outdoors won the UW-WSU pole vault with a mark of 16-0 3/4 ... was 17th at the Pac-10 Championships at 16-0 3/4.

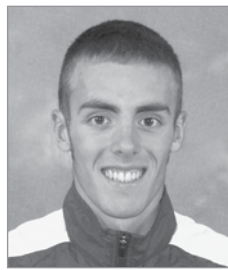
**2007:** One of five Husky pole vaulters to clear 16-feet ... set new personal record at the UW Last Chance Meet with a vault of 16-6 ... cleared 16-feet three times outdoors, all at 16-0 3/4 ... placed second at Ken Shannon Invite and second at the Pepsi Invite, both with 16-0 3/4 vaults ... competed at Pac-10 Championships but did not clear a height ... placed 14th at MPSF Championships with clearance of 15-5 3/4.

**High School and Personal:** Won the Washington 3A state championship in the pole vault as a senior in 2006 with a state meet record clearance of 16-1, which was 10 inches better than any other 3A or 4A state competitor ... was third at state as a junior and tenth as a sophomore ... won the 2006 Meet of Champions pole vault title in the dual between Washington and Oregon ... placed second in Golden West Invitational pole vault in 2006.

## ROB WEBSTER, JR. 4A STATE XC RUNNER-UP

Puyallup, Wash. • Puyallup HS

Freshman



### PERSONAL BESTS:

800m .....	1:57
1600m .....	4:21
3200m .....	9:20

**2008 (Cross Country):** Redshirted the season, competing three times unattached ... won the Emerald City Open at Woodland Park in second race ... opened the year with a 43rd-place finish at the Sundodger Invite ... also ran the 6K at the Cascade Conference Preview.

**High School and Personal:** Born in Tacoma, Washington ... parents are Becky Monette and Rob Webster, Sr. ... brothers Steven and Andrew ... father Rob was an All-American mid-distance runner at Washington from 1979-82, placing 9th in the 800-meters at the 1982 NCAA Championships ... Webster Sr.'s best 800m time of 1:47.21 ranks second all-time at Washington and was the school record for 24 years ... took second place as a senior at the 2007 Washington State 4A Cross Country Championships ... finished 7th at the Nike BorderClash in 2007 ... 7th in the 3200m at the Golden West Invitational in a personal best 9:20 ... competed at the Footlocker West Region Championships in 2007, finishing 15th ... placed 4th in Best of the U.S. Amateur Nationals representing Washington ... also competed in swimming and diving in high school ... competes regularly in triathlons and placed fourth in the national triathlon championships in Florida in Oct. of 2007 ... named a Boys Cross Country All-Star by the Seattle P-I.

## ZACH WOODS PAC-10 COMPETITOR

Oregon City, Ore. • Oregon City HS

Junior



### MAJOR MEETS:

2007 Pac-10 TF .....	12th, JT
2008 Pac-10 TF .....	11th, JT

### COLLEGIATE BESTS:

Javelin .....	188-1
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**2008:** Upped his personal best in the javelin with a throw of 118-feet, 1-inch at the Ken Shannon Invitational ... competed in first career Pac-10 Championships, taking 11th in the javelin ... was second at the UW Outdoor Preview with a mark of 184-1 ... placed seventh at the Pepsi Team Invite, throwing 177-10.

**2007:** Consistent season in the javelin culminated in a 12th-place finish at the Pac-10 Championships ... personal-best throw of 184-1 came in a third-place effort at the UW-WSU dual meet ... took 5th at the Pepsi Team Invite with a mark of 175-9, and was 4th at the Ken Shannon throwing 180-6.

**High School and Personal:** Full name William Zachary Woods ... born in Oregon City, Ore. ... parents are Connie and Bill Woods ... started competing in track as a junior in high school ... named team's rookie of the year as a junior ... took fifth in the Three Rivers League district meet in the javelin as a senior ... also lettered in football and baseball ... a National Scholar Athlete, graduated with a 3.91 GPA.

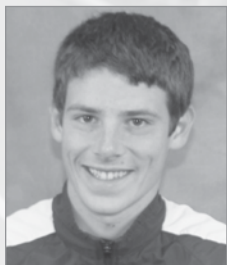
## CHARLIE WILLIAMS

## MPSF MEET SCORER



Gig Harbor, Wash. • Gig Harbor HS

SOPHOMORE



### MAJOR MEETS:

2008 MPSF TF .....	13th, Mile	2008 Pac-10 TF .....	15th, 1500m
.....	6th, DMR		

### COLLEGIATE BESTS:

800m - 1:52.21/1:52.14	1500m - 3:50.27	Mile - 4:06.04
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A Pac-10 track competitor at 1500m as a freshman last year ... led UW in the 800m indoors and was second in the mile and 1500m.

**2008 (Cross Country):** Saw first official action on the trails, competing three times ... was the ninth Husky finisher and 30th overall at the Sundodger ... made the trip to Auburn to run at the Tiger Invite where he placed 75th overall and eighth on the squad ... also finished 10th at the Cascade Conference Preview.

**2007-08:** One of UW's best mid-distance runners during first track season ... was UW's top 800m runner indoors, with a time of 1:52.21 at the UW Invitational in his only run at that distance ... second on the team in the mile run, clocking 4:06.04 at the Husky Classic ... placed 13th in the mile at the MPSF Championships, and 6th as part of UW's DMR which ran 9:48.43 for 9th-place in school history ... outdoors, ranked second on the team in the 1500m, running 3:50.27 at the Oregon Invitational ... at the WSU dual, was 5th in the 800m and 3rd in the 1500m ... placed 15th overall in the 1500m at the Pac-10 Championships ... UW's most frequent unattached competitor during cross country redshirt season, running at the Sundodger, Willamette, and Mike Hodges invites ... finished 41st in first run at Sundodger, UW's No. 3 unattached competitor.

**High School and Personal:** Parents are Erin and Chuck Williams ... has one younger sister, Kelly ... grandfather James Kelly competed in cross country and track from 1947-51 and ran at the Olympic Pre-Trials ... captained Gig Harbor to a pair of top-10 state finishes his junior and senior years ... helped Gig Harbor track and field to the 4A state championship in 2005 and 2007, and a runner-up finish in 2006 ... compiled four Narrows League titles during prep career ... senior year in 2007, placed second at 4A state championships in the 800m and the 1600m ... ran at the 2007 Arcadia Invitational in Arcadia, Calif., taking sixth in the 800m ... won the Shoreline Invitational 800m in 2007 ... eagle scout who has been awarded the gold palm.



# MEET THE HUSKIES • Additional Huskies To Watch

## FAISAL ABDULLAHI



RS Fresh. • Mid-Distances  
Kelso, Wash.  
Kelso HS

**COLLEGIATE BESTS:**  
1500m..... 4:01.12

## RICHARD ANDERSON



RS Fresh. • Throws  
Tacoma, Wash.  
Wilson HS

**COLLEGIATE BESTS:**  
Shot Put..... 46-11 3/4

## MILAN BARSAMIAN-MONCRIEF



Freshman • Jumps  
Edmonds, Wash.  
Western Reserve Academy (Oh.)

**PERSONAL BESTS:**  
High Jump..... 6-1

## GREG DROSKY



Freshman • Distances  
Walnut Creek, Calif.  
Las Lomas HS

**PERSONAL BESTS:**  
1600m..... 4:20  
3200m..... 9:20

## TOMMY FARRIS, JR.



Freshman • Throws  
Joyce, Wash.  
Crescent HS

**PERSONAL BESTS:**  
Javelin..... 173-10

## GREGGER HIGHBERG



Freshman • Sprints/Hurdles  
Federal Way, Wash.  
Federal Way HS

**PERSONAL BESTS:**  
110m HH..... 14.74  
300m IH..... 39.45

## CLAYTON JOHNSON



Freshman • Jumps  
Snohomish, Wash.  
Snohomish HS

**PERSONAL BESTS:**  
Triple Jump..... 45-0  
Long Jump..... 20-10  
High Jump..... 6-2

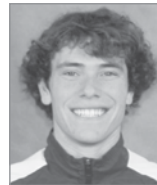
## THOMAS KMETT



Freshman • Jumps  
San Marino, Calif.  
Loyola HS

**PERSONAL BESTS:**  
Triple Jump..... 46-9  
Long Jump..... 21-0

## JEREMY LASHINSKE



RS Fresh. • Pole Vault  
Phoenix, Ariz.  
Brophy College Prep

**COLLEGIATE BESTS:**  
Pole Vault..... 15-1 3/4

## ALVIN LOGAN



RS Fresh. • Sprints  
Aurora, Colo.  
Regis Jesuit HS

## DAVID McCARY



RS Fresh. • Mid-Distances  
Kirkland, Wash.  
Juanita HS

**COLLEGIATE BESTS:**  
800m..... 1:57.09  
Mile..... 4:21.01

## AUSTIN OUDERKIRK



Freshman • Pole Vault  
Newport, Ore.  
Newport HS

**PERSONAL BESTS:**  
Pole Vault..... 16-1

## ANDY PALMER



Freshman • Sprints  
Woodinville, Wash.  
Inglesmoor HS

**PERSONAL BESTS:**  
100m..... 10.7  
200m..... 22.1

## ALEX PARTIN



Freshman • Mid-Distances  
Bellevue, Wash.  
Bellevue HS

**PERSONAL BESTS:**  
800m..... 1:59  
1600m..... 4:19  
3200m..... 9:28

## ETIENNE PIERSON



RS Fresh. • Mid-Distances  
Woodinville, Wash.  
Woodinville HS

**COLLEGIATE BESTS:**  
Mile..... 4:20.35

## RYAN STYRK



RS Fresh. • Mid-Distances  
Seattle, Wash.  
Seattle Prep

**COLLEGIATE BESTS:**  
1500m..... 3:57.14

## JAKE VETTER



Freshman • Jumps  
Montesano, Wash.  
Montesano HS

**PERSONAL BESTS:**  
High Jump..... 6-7  
Long Jump..... 20-11  
Triple Jump..... 45-9 3/4

# DARIA AMIAD-PAVLOV

MPSF MEET SCORER



Ashdod, Israel • Gimnasia Realit

SENIOR



## MAJOR MEETS:

2001 IAAF Youth TF.....	20th, HEP	2007 Pac-10 TF.....	13th, LJ; 17th, TJ
2006 MPSF TF.....	4th, PENT	2008 MPSF TF.....	16th, LJ; 14th, TJ
.....	8th, HJ; 11th, TJ	2008 Pac-10 TF.....	21st HJ; 11th TJ
2006 Pac-10 TF.....	10th, HJ; 17th, LJ		

## COLLEGIATE BESTS:

800m - 2:24.80i	60m HH - 9.31	High Jump - 5-7 3/4i / 5-7
Long Jump - 19-0 1/2i / 18-3	Triple Jump - 39-3i / 38-8 3/4	
Shot Put - 38-10 1/2	Javelin - 109-8	
Pentathlon - 3,854		

Led the Huskies in the triple jump and high jump and was second in the long jump in 2008 ... ranks in UW's indoor Top-10 list in the triple jump, high jump, and pentathlon ... only has indoor eligibility remaining.

**2008:** Set a new triple jump personal best with a jump of 39-feet, 3-inches at the UW Indoor Preview ... triple jump mark was the 8th best in UW indoor history ... competed in the long and triple jumps at the MPSF Championships ... competed in numerous events outdoors, and was the top high jumper on the squad, clearing 5-7 for a 3rd-place finish at the UW-WSU dual ... also was second in the triple jump and fourth in the long jump at the WSU dual meet ... placed 11th in the triple jump at the Pac-10 Championships and was 21st in the high jump.

**2007:** Led the Huskies in the triple jump indoors and high jump outdoors ... one of the most versatile athletes on the squad, competed in sprints, throws, jumps and hurdles ... placed 13th in the long jump at Pac-10's and 17th in the triple jump. Entered in the Pac-10 heptathlon but did not finish ... was first in the high jump at the Mt. Sac Relays with a clearance of 5-5 ... season-best high jump of 5-7 came at the ASU Clif Bar Invitational where she placed third ... also competed four times in the javelin, throwing a personal best 109-8 at the ASU Clif Bar Invitational.

**2006:** Was UW's leader indoors in the pentathlon, high jump, long jump and triple jump ... earned an NCAA provisional qualifying score in the pentathlon with a 3,854-point performance at MPSFs, falling just shy of UW's school record of 3,915 ... placed fourth in the pent at MPSFs, and was eighth in the high jump and 11th in the triple jump ... also topped 3,800 points in the pentathlon at the UW Indoor Invitational ... also cracked UW's all-time top-10 in the high jump indoors with a clearance of 5-7 3/4 at MPSFs, good for sixth all-time ... tied for 10th in the high jump and was 17th in the long jump at Pac-10s.

**High School and Personal:** Born in Moscow, Russia in 1984 ... parents are Inna and Alexander ... was married in the summer of 2006 ... lifetime heptathlon best of 5,053 points ranks sixth in Israeli history ... set the mark in the second-place finish at the Tel Aviv meet in April 2005 ... placed 20th in the heptathlon with a score of 3,305 at the 2001 IAAF World Youth Championships in Debrecen, Hungary.

# BROOKE ANDERSON

REGIONAL XC COMPETITOR



San Diego, Calif. • University City HS

JUNIOR



## MAJOR MEETS:

2007 Pac-10 TF.....	22nd, 5000m	2007 Regional XC.....	79th (7th UW)
2007 Pac-10 XC.....	32nd (6th UW)		

## COLLEGIATE BESTS:

1500m - 4:49.20	3000m - 10:10.26	5000m - 17:54.92
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A Pac-10 Championships competitor in both track and cross country ... a two-time Pac-10 All-Academic Team selection.

**2008 (Cross Country):** Competed three times for the Huskies in the fall ... opened the season with a 28th-place finish at the Sundodger Invite in 21:52 ... was the fourth-place finisher and second among Huskies at the Emerald City Open ... earned second Pac-10 All-Academic Second Team honors for the second year in a row.

**2007-08:** Only competed once during track season, but came on strong at the end of the cross country season, running a career-best 21:19 at the Pac-10 Championships, 32nd overall and sixth among Huskies ... seventh on the team (79th overall) at West Regionals in 21:58 ... placed 15th at Mike Hodges, third on the team ... received Coaches' Award at year's end for leadership and major improvements ... selected to Pac-10 All-Academic second team.

**2006-07:** Did not compete during cross country season or indoor track season ... ran full outdoor track season, competing in 1500m, 3000m, and 5000m ... placed 22nd at Pac-10 Championships in the 5000m, clocking in at 17:54.92 ... season-best 3000m time of 10:10.26 set at the UW Outdoor Preview.

**2005-06:** Redshirted the 2005-06 cross country and track seasons.

**High School and Personal:** Parents are Leslie and John ... younger sister Dayna also runs for UW ... four-time district champion in 5K ... placed 26th at the prestigious Roy Griak Invitational in 2004 ... won league cross country title as a senior, and placed fourth at the CIF meet ... ran ninth at CIF in 2002 ... a two-time All-League and All-CIF honoree for cross country ... named Western League Runner of the Year in 2004 ... led team to four-year sweep of league titles, and a pair of top-10 state finishes ... earned 11 varsity letters, including four each for cross country and soccer, and three for track ... captained all three squads as a senior ... led track squad to league and CIF titles in 2004 and 2005, and led soccer team to a league title in 2004, and a CIF crown in 2003 ... a 2004 San Diego Union-Tribune first-team All-Academic honoree ... graduated with 4.67 GPA.



FALESHA **ANKTON**

## NCAA TRACK COMPETITOR



Benicia, Calif. • Benicia HS

JUNIOR



## MAJOR MEETS:

2006 MPSF TF.....6th, 60m HH	2008 NCAA-I.....11th, DMR
2006 Pac-10.....14th, 400m IH	2008 Pac-10 TF.....18th, 100m HH
.....6th, x100m; 6th, 4x400m	.....5th, 400m IH
2007 MPSF TF.....17th, 200m	2008 Regional TF.....2nd, 100m HH
.....8th, 60m HH; 6th, 4x400m	.....8th, 400m IH
2008 MPSF TF.....14th, 400m	2008 NCAA-O.....21st, 100m HH
.....2nd, 60m HH; 2nd, DMR	

## COLLEGIATE BESTS:

100m - 12.13	200m - 24.86	400m - 57.13i	60m HH - 8.43
	100m HH - 13.46	400m IH - 59.52	

Washington's top sprinter in 2008 and one of the top returning hurdlers in the West Region ... an NCAA competitor both indoors and out in 2008 ... dramatically lowered PR's in every event ... ranks in UW's Top-10 in six different events ... a senior indoors and junior outdoors.

**2008:** Washington's top female sprinter, leading the team in the 100-meters, 200-meters, and all three hurdles events ... qualified for first career NCAA Championships both indoors and outdoors ... outdoors, reached NCAA's in the 100m hurdles, placing 21st overall in a time of 13.69 ... excelled at West Regionals, placing second overall in the 100m hurdles, and ran the second-fastest time in UW history (13.46) in the prelims ... placed fifth at the Pac-10 meet in the 400m hurdles in a PR of 59.52, which ranks 8th in school history ... also was eighth in the 400m hurdles at Regionals ... won the 100m hurdles in the UW-WSU dual meet and won the 400m hurdles at the Oregon Invitational ... indoors, ran the 400-meter leg on the distance medley relay, which qualified for NCAA Indoors and finished 11th overall ... part of the DMR at the MPSF Championships which took second in a school record time of 11:12.77 ... also finished 2nd at MPSFs in the 60m hurdles in a PR of 8.43 seconds, which was an NCAA Provisional mark.

**2007:** One of UW's top sprinters and hurdlers indoors, but did not compete outdoors ... second on the team in the 60m hurdles with best time of 8.72 coming in the prelims at the Husky Classic ... won the 60m hurdles title at the UW Indoor Preview, running 8.88 ... ran the second leg on UW's top 4x400m relay indoors, which placed sixth at the MPSF Championships in 3:47.58, the seventh-best mark in Husky history ... also placed eighth in the 60m hurdles at MPSFs, and 17th in the 200m.

**2006:** One of the Huskies' top competitors in all three hurdles events, and a regular on UW's 4x100m and 4x400m relays ... led both relays to sixth-place finishes at the 2006 Pac-10 meet ... also ran in the 400m hurdles at Pac-10s, placing 14th overall in the preliminary round ... earned a victory in her outdoor hurdles debut, at the UW Outdoor Preview ... was sixth in the 60m hurdles at the MPSF Indoor meet ... clocked a season-best 8.93 for the 60m hurdles at MPSFs, and recorded season-bests outdoors of 14.58 and 1:02.82 in the 100m hurdles and 400m hurdles, respectively.

**High School and Personal:** Parents are Finas and Vernon ... has two brothers, Vernon Jr. and Vincent ... ran fourth at state in the 300m hurdles in 2005 ... won league and district hurdles titles as a senior ... was 11th at state her junior year ... placed second in the hurdles at the Arcadia Invite in 2005...took fifth in the 400m hurdles in the 2005 USA Junior Olympics ... earned three letters, and was team captain as a senior.

CHRISTINE **BABCOCK**

## PAC-10 XC NEWCOMER OF THE YEAR



Irvine, Calif. • Woodbridge HS

FRESHMAN



## MAJOR MEETS:

2008 US Olympic Trials.....18th, 1500m	2008 Regional XC.....3rd (1st UW)
2008 Pac-10 XC.....3rd (3rd UW)	2008 NCAA XC.....7th (1st UW)

## PERSONAL BESTS:

800m - 2:09	1500m - 4:16.62	1600m - 4:33.82
	3200m - 10:04	

One of the five All-Americans from Washington's 2008 National Championship cross country team ... along with teammate Kendra Schaaf, the only two freshmen All-Americans in the nation ... seventh-place NCAA finish was best by a Husky since 1982 ... named Pac-10 Newcomer of the Year ... set national high school records in the 1500m and 1600m and ran in the Olympic Trials as a prep.

**2008 (Cross Country):** Sensational freshman season culminated in an undefeated season and the program's first NCAA Championship ... led the Huskies at the national meet in Terre Haute, placing seventh overall in 20:02 and earning All-America honors ... was the top finishing freshman in the nation ... seventh-place NCAA finish was the best by a Husky woman since 1982, when Regina Joyce placed second ... named the Pac-10 Newcomer of the Year in a vote by the conference coaches, after placing 3rd at the Pac-10 meet which the Huskies swept for their first conference title in 19 years ... led the women to victory at the Regional meet, placing third overall ... picked up All-Pac-10 First Team and All-West Region honors ... finished fourth overall at Pre-Nationals, second among Huskies ... made collegiate debut at the Tiger Invite, where she was second overall in a 5K time of 16:02.

**High School and Personal:** Born in Laguna Hills, Calif. ... parents are Kelly and Dan Babcock ... has one older sister, Jessie, and one younger, Molly ... sister Jessie currently runs track for Penn State ... mother, Kelly, ran collegiately for Michigan State and competed in the 1984 Olympic Marathon Trials ... had one of the greatest high school careers of any prep in history, setting national high school records in the 1500-meters and 1600-meters ... qualified for the 2008 U.S. Olympic Trials in the 1500m, and reached the semifinals where she placed 18th overall in 4:20.00 ... named the 2008 Gatorade California Track Athlete of the year, the 2007 LA Times Track and Field Athlete of the Year, and the Orange County Register Female Athlete of the year for 2007 and 2008 ... won her third consecutive 1600m state title in 2008, the first ever athlete to three-peat, and won her final title in a National Federation of High Schools record time of 4:33.82 ... qualified for the Olympic Trials by running a 4:16.42 1500m PR, breaking the national high school record that had stood for 26 years ... was undefeated in her final two years of cross country, winning the California Division II state title both years, after finishing runner-up as a sophomore ... Team MVP from 2006-2008 ... graduated with a 4.0 GPA

# ANDREA BROWN

## NCAA TRACK COMPETITOR



Bellingham, Wash. • Mt. Baker HS • Kentucky

SENIOR



### MAJOR MEETS:

2004 SEC XC.....82nd (7th UK)	2007 Pac-10 XC.....58th (8th UW)
2005 SEC XC.....48th (6th UK)	2008 MPSF TF.....7th, Mile; 8th, 800m
2005 Regional XC.....108th (5th UK)	2008 NCAA-I.....11th, DMR
2006 SEC TF.....1st, DMR	2008 Pac-10 TF.....11th, 800m
.....9th, Mile; 16th, 800m	

### COLLEGIATE BESTS:

800m - 2:12.49i / 2:12.08 1500m - 4:40.56 Mile - 4:45.94

Turned in impressive 2008 indoor track season, running an NCAA Provisional time in the mile, and running the final leg for the Huskies' 11th-place DMR at NCAA Indoors ... best mile time ranks ninth in indoor school history.

**2007-08:** Had an excellent indoor track season, achieving the NCAA Provisional standard in the mile with a personal best of 4:45.94 at the UW Invitational, the 9th-best mark in school history ... competed at the NCAA Indoor Championships, running the 1600m leg of the distance medley relay as an alternate for Katie Follett, with the team finishing 11th overall ... scored in two events at the MPSF Championships, placing 7th in the mile in 4:47.70 and 8th in the 800m in 2:12.49 ... outdoors, placed 11th overall in the 800m at the Pac-10 Championships in a time of 2:12.08 ... competed four times in cross country, twice running in UW's top-10 ... finished 58th overall at Pac-10 Championships, eighth on the squad in season-best 6K time of 21:53 ... was Washington's No. 2 finisher at both the Willamette and Mike Hodges Invites, finishing in the top-15 overall at each race ... placed 37th at season-opening Sundodger.

**2006-07:** Competed just twice during the track campaign, running the mile indoors at the UW Invitational and the Husky Classic ... best time was 5:03.78 ... did not compete outdoors ... redshirted the 2006 fall season after transferring from Kentucky ... will have two years of cross country eligibility remaining.

**2005-06 (Kentucky):** Among UK's top competitors in the 800m, mile and 1500m events ... ran 4:53.41 for a mile at the SEC Indoor Championships, placing ninth ... also at SEC Indoors, led UK's distance medley relay to a conference title and was 16th in the 800m ... outdoors, ranked third for Kentucky at 800m (2:16.16) and fourth at 1500m (4:40.56) ... was sixth for the Wildcats, 48th overall, at the SEC Cross Country Championships ... was fifth for Kentucky at the NCAA Southeast Regional.

**2004-05 (Kentucky):** Was 73rd at the Stanford Invite, and 82nd at the SEC Cross Country Championships ... redshirted track seasons.

**High School and Personal:** Parents are Vernon and Christi Brown ... a five-time state track champion ... swept state titles at 800m in 2002, 2003 and 2004, becoming the first female in state history to do so ... also won state crowns in the 1600m and 3200m events ... won four consecutive district championships in the 800m ... set school record in the 800m with at time of 2:12.20 ... named to numerous all-state track and cross country teams.

# ELISA BRYANT

## NCAA REGIONAL COMPETITOR



Seattle, Wash. • Inglemoor HS

SOPHOMORE



### MAJOR MEETS:

2008 MPSF TF.....5th, WT	2008 Regional TF.....21st, HT
2008 Pac-10 TF.....8th, HT; 11th, DT	

### COLLEGIATE BESTS:

Weight - 61-1 1/2^ Hammer - 178-9  
Shot Put - 38-6 3/4 Discus - 147-2  
^ School Record

Washington's top thrower as a freshman last season ... set the school record in the weight throw and had the second-best hammer throw in school history ... scored at the MPSF and Pac-10 Championships.

**2008:** Broke the indoor school record in the weight throw in just her second meet, then surpassed her own mark at the MPSF Championships, throwing 61-feet, 1 1/2-inches for a fifth-place finish ... outdoors qualified for NCAA Regionals in the hammer throw, with a season-best mark of 178-9 coming at the UW-WSU dual where she took second ... hammer throw was a Washington freshman record and second-best in school history ... placed 21st overall at Regionals with a mark of 166-3 ... placed eighth in the hammer at the Pac-10 Championships with a throw of 175-0, and also took 11th in the discus ... season-best discus throw of 147-2 at the WSU dual meet ... also competed three times in the shot put and once in the javelin.

**High School and Personal:** Parents are Shana and Eric Bryant ... both parents are UW alums and Eric is a former strength coach at Washington ... is the middle child of five siblings ... older brother Deven and older sister Tonya also attend Washington ... won the discus at the Arcadia Invite in 2007 with a career-best throw of 150-3 ... won the state 4A discus title as a senior and was top-five the previous two years ... also placed third in the shot put at state in 2007 and was top-10 in prior two seasons ... earned a 3.8 GPA in high school.



## ANITA CAMPBELL

NCAA ALL-AMERICAN



Vancouver, B.C. • Aldergrove HS

JUNIOR



## MAJOR MEETS:

2005 World Jr. XC.....84th	2007 MPSF TF.....2nd, 5000m
2005 Pac-10 XC.....17th (2nd UW)	2007 Pac-10 TF.....3rd, 5000m
2005 Regional XC.....11th (1st UW)	2007 Regional TF.....4th, 5000m
2005 NCAA XC.....94th	2007 NCAA-O.....19th, 5000m
2005 Canada Jr. XC.....2nd	2007 Pac-10 XC.....6th (1st UW)
2006 MPSF TF.....2nd, 5000m	2007 Regional XC.....4th (1st UW)
2006 World Jr. XC.....56th	2007 NCAA XC.....20th (2nd UW)*
2006 Pac-10 TF.....6th, 5000m	2007 Canada Sr. XC.....8th
2006 Regional TF.....3rd, 5000m	2008 Pac-10 XC.....4th (4th UW)
2006 NCAA-O.....21st, 5000m	2008 Regional XC.....6th (4th UW)
2006 Pac-10 XC.....9th (2nd UW)	2008 NCAA XC.....51st (7th UW)
2006 Regional XC.....6th (1st UW)	
2006 NCAA XC.....89th (2nd UW)	

\* - Indicates All-America Honor Won

## COLLEGIATE BESTS:

1500m - 4:38.76    3000m - 9:35.57    5000m - 16:28.19 / 16:00.03

Concluded cross country career with a National Championship, seeing the program built up around her after running as an individual at NCAA cross country her first two seasons ... cross country career included All-American honors in 2007, two First Team All-Pac-10 selections, four All-West Region honors, and four NCAA Cross Country appearances ... only ran once in track last season but is a two-time NCAA Outdoor competitor at 5,000-meters.

**2008 (Cross Country):** One of the invaluable senior leaders during Washington's run to the NCAA Championship ... turned in another stellar season on an individual level, earning All-Pac-10 First Team honors with a fourth-place Pac-10 finish, the best of her career ... broke 20-minutes in the 6K for the first time at Pac-10's, finishing in 19:57 ... placed 51st overall at the NCAA Championships, the fourth of her career, and was UW's No. 7 finisher, underscoring the dominance of the national champion Huskies ... was the fourth Husky finisher in sixth-place overall at West Regionals, earning another All-Region honor ... placed 16th at the Pre-National meet as the fifth Husky finisher as UW dominated from start to finish ... also placed 13th at the Sundodger Invite and was ninth at the Tiger Invitational as UW won both ... earned honorable mention on the Pac-10 All-Academic team.

**2007-08:** Enjoyed outstanding junior cross country season, leading the Huskies to a program-best eighth-place finish ... returned to NCAA's for third-straight year, earning first career All-American award with 20th-place finish in a time of 20:43 ... along with teammate Katie Follett, UW's first cross country All-Americans since 2001 ... ran first or second for the Huskies at every varsity race, going under 21-minutes every outing ... earned first team All-Pac-10 honors for sixth-place finish at the conference meet ... named All-West Region for fourth-place Regional finish, the best finish by a Husky since Tara Carlson was third in 1995 ... set school-record at Sundodger Invite, winning the race in 20:20 ... placed 12th overall and first on the team at Pre-Nationals, leading the Huskies to best-ever fourth-place finish ... also placed sixth (2nd UW) at Dellinger meet ... voted Team MVP at year's end ... qualified for spot on Canadian Senior Cross Country Team with eighth-place finish at the Canadian National Championships ... earned Pac-10 All-Academic honorable mention ... only competed once during track season, running the 3000m at the Husky Classic in 9:35.57, a new PR.

**2006-07:** Qualified for second-straight NCAA Track and Field Championships in the 5000m ... placed seventh in her NCAA semifinal in a time of 16:28.77 ... made the NCAA's via her fourth place Regional finish, clocking 16:21.37 ... moved into fourth in the Huskies' record book with her 5000m performance at the Stanford Invitational, running 16:00.03 ... placed third at the Pac-10 Championships in the 5000m ... also ran the 1500m and 3000m once each outdoors, winning the 3000m race in the UW-WSU Dual ... clocked an NCAA provisional qualifying time indoors in the 5000m at the MPSF Championships, running in 16:28.19 and finishing second ... was UW's top performer in the 3000m indoors, posting a time of 9:38.95 at the Husky Classic in her only outing at that distance ... a Pac-10 All-Academic honorable mention ... qualified for second-straight NCAA Cross Country Championship meet, placing 89th overall ... was UW's No. 1 or 2 finisher at every varsity cross country meet ... earned second-team All-Pac-10 and first-team All-West Region honors ... placed ninth overall, second for UW, at Pac-10's, and was the Huskies' leader in sixth at Regionals ... also led UW at the Dellinger and Pre-National meets.

**2005-06:** Had an outstanding freshman year, setting UW's freshman record at 5000m and qualifying for the NCAA Championships in her debut season ... ran just seven times, total, throughout the 2006 track season, including four championship-meet races ... was 21st in the 5K at NCAA's, her time of 16:29.91 the UW's sixth-fastest ever, and the best-ever by a Husky frosh ... time marked a 21-second improvement over her previous best, clocked in a sixth-place finish at Pac-10's ... was third in the event at Regionals, and second at MPSFs ... was equally outstanding in the fall ... was UW's lone representative at the 2005 NCAA XC Championships, placing 94th ... NCAA finish was tops by a UW frosh since 2001 ... was the 13th-highest finishing freshman at NCAA's ... placed second at the Canadian Jr. Nationals in December to qualify for her second-consecutive IAAF World Cross Country Championships appearance ... placed 57th at Worlds, leading Canada to 10th ... one of four true freshmen to run in UW's top-seven at every team competition in 2005 ... was the team's No. 1 finisher, in 11th overall, at Regionals, earning All-West Region honors ... ran second for UW, in 17th, at Pac-10's, and was the team's No. 4 finisher at Pre-Nationals ... placed 16th in collegiate debut at the Sundodger Invitational, and was 11th overall at Willamette.

**High School and Personal:** Parents are Lorna and Garnett ... has a brother, Quinn ... ran 84th overall at the 2005 World Junior Cross Country Championships in St. Etienne, France ... missed three months of the 2004 season with a broken leg ... finished fifth at Canadian Junior Cross Country Nationals in 2002 ... won the 3200m in a meet-record 11:12.96 at the 2005 World Junior Cross Country Championships ... won the B.C. prep cross country title in 2004 ... ran 11th in the 3000m at the 2003 World Youth Games ... was second in the 3000m and third in the 1500m at the 2002 B.C. prep track championships, and was second and fourth, respectively, in 2003 ... won the 2003 Sunfair Invitational ... placed second in the 3000m at the 2003 Mt. SAC Relays ... won the bronze medal at the 2003 Canadian Legion Juvenile Cross Country Championships ... named 2004 B.C. Juvenile Cross Country Female Athlete of the Year in 2004 ... received B.C. Junior Development Award for distance running in 2001 ... has participated in ballet and is a blue belt in karate.

# KAILEY CAMPBELL

PAC-10 COMPETITOR



Seattle, Wash. • Ballard HS

JUNIOR



## MAJOR MEETS:

2007 Pac-10 TF ..... 17th, 1500m    2008 Pac-10 TF ..... 9th, 1500m  
2008 MPSF TF ..... 17th, Mile

## COLLEGIATE BESTS:

800m - 2:13.39i    1500m - 4:29.48    Mile - 4:53.60  
3,000m - 10:04.96

One of the top ten runners on the 2008 national championship cross country team this past fall ... the ninth-place 1500-meter finisher at the 2008 Pac-10 Championships.

**2008 (Cross Country):** Enjoyed best cross country season yet, as certainly one of the best reserves in the nation ... depth of the national champion Huskies prevented her from running Regionals or NCAA's but would likely have scored on any other team ... placed sixth overall and fourth on the team at the Sundodger Invite in a new PR of 20:47 ... placed 13th overall at the Tiger Invite, incredibly the No. 8 Husky finisher ... was the seventh UW finisher at Pre-Nationals, in 51st overall, which would have been top-five for 39 of the 41 teams competing ... ran at Pac-10's but was unable to finish due to illness ... earned Pac-10 All-Academic honorable mention.

**2007-08:** Ran a full track season, highlighted by a 9th-place finish at the Pac-10 Championships in the 1500-meters in 4:32.75 ... career-best 1500m time of 4:29.48 at the Oregon Invitational ... lowered her personal-best mile time by seven seconds, running 4:53.60 at the Husky Classic ... set a PR in the 800m in a time of 2:13.39 at the Last Chance Qualifier ... competed twice during cross country, leading the Huskies at the Willamette Invite with a third-place finish in 17:31 ... placed 31st at Mike Hodges Invite (6th UW).

**2006-07:** Completed three times in the mile indoors, with season-best time of 5:00.07 at the UW Indoor Preview ... indoor mile time ranked fifth on team ... outdoors, ran 800m and 1500m ... placed second in the 800m at the Ken Shannon Invite in 2:15.68 ... best 1500m time came at the Oregon Invitational, where she clocked 4:41.88 ... redshirted the cross country season to preserve a year of eligibility ... did not run unattached at any UW meets.

**High School and Personal:** Parents, Rana and Derek, both competed for UW's club sailing team ... has a younger brother, Brent ... has never competed in cross country ... one of the state's top middle-distance runners ... earned matching fourth-place finishes in the state 1600m final in both 2003 and 2005 ... swept league and district titles in the event as a freshman ... placed second in the 1600m at both the league and district meets from 2004-06, and was second in the 800m at both meets her last two seasons ... also lettered four years in soccer ... earned All-KingCo honorable mention honors on the soccer field as a junior ... graduated with a 3.96 GPA.

# JORDAN CARLSON

## WASHINGTON STATE CHAMPION

Spokane, Wash. • Shadle Park HS

Freshman



## PERSONAL BESTS:

100m ..... 12.01  
200m ..... 24.78

**High School and Personal:** Born in Spokane ... parents are Connie Klein and David Carlson ... has two older brothers, Jason and Trevore, and two older sisters, Corrine and Jaime ... won the Washington 4A State title as a senior in the 4x400m relay, and placed 8th in the 200m dash and 9th in the 100-meters ... junior year, took fourth at state in both the 100m and 200m, and was second in the 4x400m and 7th in the 4x100m relays ... anchored 4x400m relay that tied the state record in 2007 ... also placed top-eight at state in 2006 in the 200m and 4x200m relays ... was all-league as a sophomore, junior, and senior ... Greater Spokane League Track Athlete of the Year as a junior ... interests include theatre, acting, snowboarding, wakeboarding and rock climbing ... also lettered three years in cross country, earning team's most inspirational award in 2007.

# EMILY COLLINS

## PAC-10 COMPETITOR

Eugene, Ore. • Marist HS

Freshman



## COLLEGIATE BESTS:

400m ..... 59.91  
200m ..... 2:12.41  
1500m ..... 4:38.78  
Mile ..... 4:58.03

## MAJOR MEETS:

2006 Pac-10 TF ..... 19th, 800m  
2007 MPSF TF ..... 10th, Mile

**2007-08:** Ran twice during the outdoor track season, placing fourth at the UW-WSU dual in the 400-meters ... also ran the 1500m at the Oregon Invite.

**2006-07:** Ran the mile indoors for track and 800m and 1500m outdoors ... best mile time of 4:58.03 at the MPSF Championships ranked fourth among Huskies ... won the Ken Shannon Invite 800m with a time of 2:13.63 ... took first in the 1500m at the UW Outdoor Preview ... ran three times in the fall for cross country ... was 96th overall at Sundodger in lone varsity appearance.

**2005-06:** Redshirted the 2005 fall season ... competed once unattached, placing 69th at the Sundodger ... competed regularly at 800m throughout the winter and spring, culminating in a 19th-place finish at the Pac-10 Championships ... time of 2:16.43 in Pac-10 prelim was a season-best outdoors ... clocked 2:14.93 for 800m during the indoor campaign.

**High School and Personal:** Parents are Jane Kitterman-Collins and Stan Collins ... has a younger sister, Elena ... won state 800m titles in 2002 and 2004, and was state runner-up in 2003 and 2005 ... also led 4x100m and 4x400m relays to state titles in 2005 ... swept district 800m titles all four years, and won three district 400m crowns ... set district 400m record of 58.19 as a junior ... led Marist to state championship as a senior ... named conference track athlete of the year in 2005 ... named Marist's outstanding student-athlete in 2005 ... a four-year track team MVP ... earned first-team all-league honors in soccer as a senior, and was a second team all-state selection.



# MEET THE HUSKIES • Women's Profiles

## KAYLA EVANS

### STATE XC RUNNER-UP

Tacoma, Wash. • Bellarmine Prep

Freshman



#### PERSONAL BESTS:

800m .....	2:18
1600m .....	4:54
3200m .....	10:56

**High School and Personal:** Born in Federal Way, Washington ... parents are Shawn and Raymond Evans ... has one younger brother, Kevin ... one of the top runners in the state of Washington as a senior, placing second at the Washington 4A state cross country meet, and taking 5th in the 1600m and 10th in the 3200m on the track ... as a junior finished 4th in cross country, and 7th in the 3200m ... two-time Nike BorderClash competitor, placing 7th in 2006 and 3rd in 2007 ... finished 19th at the 2007 Footlocker West Regional cross country run ... West Central District XC champion in 2007 ... led team to state track title her senior year ... high school valedictorian with a 4.0 GPA and a scholar athlete as a senior ... enrolled in honors program at UW.

## LINDSAY FINCH

Bothell, Wash. • Inglemoor HS

Freshman



#### PERSONAL BESTS:

100m .....	12.43
200m .....	26.05
400m .....	57.30

**High School and Personal:** Born in Bellevue, Wash. ... parents are Janice and David Finch ... has one older brother, Jamie, who currently plays on the Husky men's soccer team ... both parents attended Washington and mother Janice was a Husky track athlete from 1978-82 ... won the district 400m title and placed 7th at the 4A state meet in 2008 ... also lettered in basketball from 2006-08, earning All-KingCo honors in 2008 and the team MVP honor ... was a two-time Scholar Athlete and Track Leadership Award winner ... named Viking of the Year in 2007 ... won the 2008 Lake Washington Invite 400-meters in 57.92 ... took second in the regional Junior Olympics in the 400m in 2008 ... graduated with a 3.94 GPA and considering a civil engineering major.



**Freshman sprinters Lindsay Finch and Amber Finley will be under the watchful eye of first-year sprints coach Raul Sheen, the 2008 West Region Assistant Coach of the Year.**

## AMBER FINLEY

### WASHINGTON STATE CHAMPION

Puyallup, Wash. • Tacoma Baptist HS

Freshman



#### PERSONAL BESTS:

100m .....	12.38
200m .....	25.18
400m .....	56.56

**High School and Personal:** Born in Bremerton, Wash. ... parents are Lisa and Andrew Finley ... has a twin brother, Austin, and a younger brother, Zachary ... a seven-time Washington State Champion at the 2B level ... swept the 100m, 200m, and 400m at the state meet as a senior in 2008 ... won the state 400-meter sprint title all four years of her high school career ... also won the 200-meter title as a sophomore ... competed on multiple sprints relays at state, helping the team to three state titles ... named to the Tacoma News-Tribune All-Area Track Team and honored four times by the Tacoma Athletic Commission ... lettered four years in basketball and was All-League as a junior and senior ... also competed in volleyball and cross country.

# KATIE FOLLETT

PAC-10 1500M CHAMPION



Fort Collins, Colo. • Fort Collins HS

JUNIOR



## MAJOR MEETS:

2006 Pac-10 XC.....79th (10th UW)	2008 Pac-10 TF.....1st, 1500m
2006 Regional XC.....82nd (6th UW)	.....6th, 5000m
2007 MPSF TF.....6th, Mile	2008 Regional TF.....2nd, 1500m
2007 Pac-10 TF.....8th, 1500m	2008 NCAA-O.....14th, 1500m
2007 Pac-10 XC.....9th (2nd UW)	2008 Olympic Trials.....21st, 1500m
2007 Regional XC.....7th (2nd UW)	2008 Pac-10 XC.....5th (5th UW)
2007 NCAA XC.....19th (1st UW)*	2008 Regional XC.....5th (3rd UW)
2008 MPSF TF.....2nd, 3000m	2008 NCAA XC.....26th (4th UW)*
.....2nd, DMR	
2008 NCAA-I.....6th, Mile*	

\* - Indicates All-America Honor Won

## COLLEGIATE BESTS:

800m - 2:06.43 Mile - 4:37.22<sup>A</sup> 1500m - 4:15.78  
3000m - 9:25.09<sup>A</sup> 5000m - 16:01.16

<sup>A</sup> School Record

One of Washington's five cross country All-Americans from the 2008 National Championship powerhouse ... joins Regina Joyce as the only multiple cross country All-Americans in UW history ... finished top-five at Pac-10's and Regionals in the fall ... incredible sophomore track season included All-America honors in the mile run, a Pac-10 Championship at 1500-meters, and a berth in the U.S. Olympic Trials ... ran four UW indoor school records last year and Top-10 outdoor times in three events.

**2008 (Cross Country):** Earned second consecutive All-American honor in cross country, propelling the women to an undefeated season and the program's first National Championship ... finished 26th at the NCAA Championships, fourth among Huskies, in 20:33 ... joins Regina Joyce (1980-82) as the only multiple cross country All-Americans in Washington history ... part of UW's historic sweep of the Pac-10 Championships, placing fifth overall in 20:05 and fifth on the team to earn First Team All-Pac-10 honors ... also finished fifth overall at West Regionals (3rd on the team) to earn All-West Region ... aided Husky victories at Pre-Nationals (8th overall) and the Tiger Invitational (6th overall) ... earned Pac-10 All-Academic honorable mention.

**2007-08:** Had an exceptional track season, setting numerous school records and running at both NCAA Championships, and capping the season with a 21st-place finish at the U.S. Olympic Trials in the 1500m ... finished sixth in the mile at NCAA Indoors in 4:41.88, earning her first track All-America award ... her first four runs during the indoor season all resulted in school records ... ran the 1600-leg on the DMR which broke the school record at the UW Invitational with a time of 11:19.94, then was broken a second time at the MPSF Championships with a time of 11:12.77 and a second-place finish ... set the school indoor mile record in 4:37.22 in winning the Husky Classic and achieving the NCAA "A" standard ... took second in the 3000-meters at MPSFs in another school record time of 9:25.09 ... outdoors, became UW's first women's Pac-10 Champion since 2004 as she won the 1500-meter title in 4:22.41 ... first Pac-10 women's champ in a running event for the Huskies since Anna Aoki in 2001 ... also placed 6th in the 5K at Pac-10's later that same day ... ran the school's fifth-best 5000m time of 16:01.16 at the Stanford Invite on May 4 ... just six days later, she won the 800-meter run at the Ken Shannon in 2:06.43, the third-fastest in school history ... took second at Regionals in the 1500 behind teammate Michelle Turner in a PR of 4:15.78, which qualified her for the Olympic Trials ... at NCAA Outdoors, finished 7th in her 1500m heat (14th overall) in a time of 4:19.00, just missing the final, after being forced to maneuver around a crash that put her far behind the leaders ... finished her season at the Olympic Trials, running 4:19.00 in the quarters and then 4:22.60 in the semis ... terrific sophomore cross country season was a driving force behind UW's eighth-place NCAA finish ... earned first-career cross country All-American award, placing 19th at NCAAs, a split second ahead of teammate Anita Campbell, marking UW's first ever All-American duo, and first All-Americans since 2001 ... her 19th-place finish was the best by a Husky since 1995 when Tara Carlson finished 8th ... made major improvements at every race compared to freshman season, earning team's Most Improved award and sharing Most Inspirational ... jumped from 79th at 2006 Pac-10's to ninth in 2007 to earn second team All-Pac-10 honors ... named All-West-Region after seventh-place Regional finish, second on the team, up from 82nd-place finish the previous year ... led the team with No. 2 overall finish at Bill Dellinger meet ... placed second at the Sundodger in 20:37 ... a Pac-10 All-Academic honorable mention.

**2006-07:** Ran several distances during the track season including mile, 1500m, 3000m, and 5000m ... season-best 1500m time of 4:27.87 came at Pac-10 Championships where she finished eighth ... run at Pac-10's fell just seven hundredths of a second short of the 1500m Regional qualifying time ... ranked second on UW in the indoor 3000m with a time of 9:47.86 ... mile time of 4:52.08 was third best on the squad ... during cross country season, was one of three freshmen or sophomores in UW's top-seven at the NCAA West Regional ... ran sixth for UW at the Regional, in 82nd overall ... also ran with the team at Pac-10's, and was in UW's top-three at the Sundodger, Dellinger and Pre-National meets ... was the No. 2 UW finisher at Pre-Nationals, in 21:36 ... ran season-best 21:27 for 6K in a 17th-place finish at Sundodger.

**High School and Personal:** Parents are Karen and Kevin ... has two younger sisters, Kelsey and Kirsten ... a Harrier Magazine Cross Country All-American ... a 10-time All-State performer ... won eight conference and nine regional track titles ... named the Northern/Front Range Conference Cross Country Runner of the Year in each of her four prep seasons ... won 23 of the 34 cross country races she entered during her prep career ... placed 20th at the 2005 Footlocker Midwest Regional meet in Wisconsin, and was 22nd at the same event as a sophomore ... won the 3200m at the Kansas Relays in 2004, and was second in the 1600m ... set Fort Collins school records in the 3200m and 3200m relay, and at 5000m in cross country ... won the Elanor Troxell Award in 2006 as Fort Collins' top student-athlete ... graduated with a perfect 4.0 GPA.



## LIZ FULLER

PAC-10 SCORER



Vancouver, Wash. • Fort Vancouver HS

SENIOR



## MAJOR MEETS:

2005 MPSF TF.....	16th, LJ	2007 Pac-10 TF.....	8th, HEP
2006 MPSF TF.....	10th, PENT; 11th, HJ	.....	18th, HJ; 18th, TJ
2006 Pac-10 TF.....	10th, HEP	2008 MPSF TF.....	2nd, PENT; 110th, HJ
.....	15th, HJ; 11th, LJ; 11th, TJ	2008 Pac-10 TF.....	17th, HEP
2007 MPSF TF.....	7th, PENT	.....	16th, HJ; 20th, LJ
.....	7th, HJ; 14th, TJ		

## COLLEGIATE BESTS:

60m Dash - 8.04	200m - 25.76	800m - 2:29.86 / 2:31.32
60m HH - 8.85	100m Hurdles - 14.71	High Jump - 5-6 1/2 / 5-7
Long Jump - 18-9 3/4	Triple Jump - 38-1 1/2	Shot Put - 40-10 1/2
Javelin - 116-7	Pentathlon - 3,840	Heptathlon - 4,845

Veteran multi-event specialist will have outdoor season remaining ... established new personal best in the pentathlon last year, scoring 3,840 to take second at MPSFs ... ranks in UW's all-time Top-10 in four events.

**2008:** Was the runner-up in the pentathlon at the MPSF Championships, scoring a career-best 3,840 points which was an NCAA Provisional mark ... also posted the best marks on the team in the long jump, shot put, javelin, and the indoor high jump, and was the only Husky woman to complete the pentathlon and heptathlon ... placed 17th in the Pac-10 Championships heptathlon despite fouling in the shot put and not scoring ... was fifth in the heptathlon at the Mt. SAC Relays with 4,789 points ... competed in an incredible six different events in one day at the UW-WSU dual meet.

**2007:** Only Husky woman to complete the pentathlon and heptathlon ... set personal bests in both multi-events ... placed seventh at MPSF Championships in pentathlon with 3,651 points, fifth best in UW history ... also was 7th in the high jump and 14th in triple jump at MPSFs ... finished eighth at Pac-10's in the heptathlon, also competing in main high and triple jumps ... career-best heptathlon score of 4,845 at Cal Invite Multis ranks fourth all-time at UW ... led the team in the outdoor triple jump (37-10), indoor long jump (17-11 1/2), and indoor high jump (5-6 1/2).

**2006:** Was UW's most active Pac-10 Championships competitor in 2006, representing the team in four different events ... placed 10th in the heptathlon at Pac-10s with a lifetime-best score of 4,821 points, UW's fifth-most ever in the event ... was also 11th at Pac-10s in the long and triple jumps, and 15th in the high jump ... significantly improved her lifetime bests in all 12 events in which she competed ... indoor best of 5-7 in the high jump equaled UW's eighth-best all-time ... was 10th in the pentathlon, and 11th in the high jump, at MPSFs ... earned Academic All-Pac-10 honorable mention.

**2005:** Redshirted the outdoor season, competing unattached ... placed fifth in first-career heptathlon at the Ken Foreman Invite, scoring 4,389 points ... took second in the 100m hurdles at the Ken Shannon Invite ... indoors, posted the eighth-best pentathlon mark in UW history with a 3,051 at the UW Indoor Invite ... was 16th in the long jump at MPSFs.

**High School and Personal:** Parents are Louanne and Tom ... has an older sister, Emily ... both grandfathers competed at UW in the 1930s ... grandfather Lew Leuhrs played football at UW from 1936-41, while other grandfather, John Fuller, was on the UW basketball team from 1929-31 ... was Fort Vancouver's lone representative at the 2004 state track meet, placing 10th in the high jump and 13th in the long jump ... earned 11 prep letters, including four in track, three each in basketball and volleyball, and one in tennis ... earned a 3.98 GPA in high school.

## JOI GLASS

Oakland, Calif. • Skyline HS

Freshman



## PERSONAL BESTS:

400m .....	56.07
300m IH.....	43.17
400m IH.....	63.20

**High School and Personal:** Born in Oakland, Calif. ... mother is Bari Johnson-Glass and father is Maurice Glass ... has one brother, Maurice, and two sisters Miarri and Courtnei ... placed 10th in the 300m hurdles at the 2008 California state meet ... also was a member of Skyline's 9th-place 4x400m relay team ... ran at the prestigious Stanford Invitational, taking 2nd in the girls 400m hurdles ... received high school's Iron Woman award during senior year ... team earned All Eastbay Team of the Year ... an Oakland Tribune Athlete of the Week ... also lettered one year in swimming.

## BIANCA GREENE

SIX-TIME 4A STATE CHAMPION

Seattle, Wash. • Garfield HS

Freshman



## PERSONAL BESTS:

100m .....	11.90
200m .....	24.20
400m .....	57.01

**High School and Personal:** Born in Seattle ... parents are Liza and Marc Greene ... has one younger brother, Kai ... one of Washington state's elite sprinters, winning six state titles over her prep career ... captured the 4A state titles at 100-meters, 200-meters, and the 4x200m relay as a senior in 2008 ... 2008 Seattle P-I Track and Field MVP ... winning 200m time of 24.20 seconds was 7th-fastest in state history ... won 200m state title as a sophomore in 2006 and was part of state champion 4x100m relay ... anchored the 2007 4x200m state champion relay as a junior and took second in the 200m ... also won two district titles in the 400m dash ... took 2nd in the 200m in the 2007 Meet of Champions between Washington and Oregon ... competed at the National Junior Olympics in 2006 and 2007, with a best finish of 10th in the 200-meters ... honored as a Paul Robenson Scholar Athlete and 101 Scholar Athlete.

# MO HUBER

## NCAA REGIONAL COMPETITOR



Oakland, Calif. • Acalanes HS

JUNIOR



### MAJOR MEETS:

2006 USA Jr. XC.....30th	2008 Pac-10 TF.....11th, Steeple
2006 Pac-10 XC.....63rd (9th UW)	.....8th, 5000m
2007 Pac-10 TF.....17th, 3000m SC	2008 Regional TF.....32nd, Steeple
2008 MPSF TF.....17th, 3000m	

### COLLEGIATE BESTS:

1500m - 4:37.72	Mile - 4:58.24	3000m - 9:52.10
5000m - 17:06.72	Steeple - 10:49.34	

Washington's leading steeplechaser the past two seasons ... qualified for first career NCAA Regionals in the steeple in 2008 ... a two-time Pac-10 track competitor.

**2008 (Cross Country):** Redshirted the cross country season to preserve a year of eligibility ... was Washington's top unattached competitor ... won the Emerald City Open at Woodland Park ... placed 15th overall at the Sundodger Invite which would have been eighth on the team ... took second overall at the Cascade Conference Preview at Lincoln Park.

**2007-08:** Qualified for first career Regionals on the track with a career-best steeplechase time of 10:49.34 set at the Pac-10 Championships in an 11th-place finish ... finished 32nd at Regionals in the SC in 11:17.70 ... was second in the steeple at the WSU dual in 11:02.95 ... also ran a season-best 5K of 17:27.32 at the Sun Angel Classic ... indoors, placed 17th in the 3000m at the MPSF Championships in 9:52.10 ... set PR in the mile (4:58.24) at the Husky Classic ... saw action in three races during cross country, opening with 18th-place finish at Sundodger Invite ... ran with the varsity at Dellinger Invite, placing eighth on the team and 69th overall in 21:39 ... finished 20th at Mike Hodges Invite.

**2006-07:** Led all Huskies in the steeplechase and ranked second on the squad at 5000m ... competed at the Pac-10 Championships, finishing 17th, in the 3000m steeplechase ... season-best steeple time of 10:56.54 at the Pepsi Invitational ... also ran the 1500m three times outdoors, posting a best time of 4:37.72 ... indoors, competed in the 3000m and the mile ... ran four times with cross country, including a 63rd-place finish at Pac-10s ... seventh on the team at the Dellinger Invite ... also ran No. 8 for UW, 54th overall, at Sundodger, and was the third UW finisher in the open race at Pre-Nationals.

**High School and Personal:** Parents are Peg Kelly and Chris Huber ... has an older sister, Dana and a younger brother, Kevin ... father played basketball at Humboldt State and mother was a collegiate swimmer at Bowling Green ... ran in the top-14 at the California state cross country championships all four years, including three top-10 finishes, and a best of second in 2005 ... was a first-team All-State honoree as a senior ... ran 30th in the 2006 USATF Jr. National Cross Country Championships in New York City ... also lettered two years in soccer, and was an all-league honoree as a sophomore.

# LARA JONES

## NCAA TRACK COMPETITOR



Seattle, Wash. • Lakeside School • Duke

SENIOR



### MAJOR MEETS:

2005 ACC-I.....9th, PV	2006 Regional TF.....8th, PV
2005 ACC-O.....4th, PV	2007 ACC-I.....8th, PV
2006 ACC-I.....11th, PV	2007 ECAC-I.....1st, PV
2006 ECAC-I.....4th, PV	2007 ECAC-O.....3rd, PV
2006 ACC-O.....2nd, PV	2007 Regional TF.....5th, PV
2006 ECAC-O.....5th, PV	2007 NCAA-O.....21st, PV

### COLLEGIATE BESTS:

Pole Vault - 12-11 1/2

Local product joins the Huskies after transferring from Duke ... brings national meet experience with her, having competed at 2007 NCAA Outdoor Championships ... competed unattached in 2008.

**2007 (Duke):** Indoors won the ECAC Championship with a height of 12-7 1/2 ... outdoors jumped a personal best 12-11 1/2 to win the Duke Invitational, making her the second-highest vaulter in school history ... finished third at the ECAC Outdoor Championships to claim All-East Outdoor honors ... placed fifth at the NCAA East Regional Championships, earning All-NCAA East Regional status ... that qualified her for the NCAA Championships in Sacramento, Calif., where she placed 21st.

**2006 (Duke):** All-East indoors with a fourth-place finish at the ECAC Championships in Boston at 12-7 1/2 ... cleared the same height to place second at the Armory Collegiate meet in New York ... that height ties her for second best in Duke indoor history ... went over 12 feet five times during the indoor season ... outdoors was again All-East with a fifth-place tie ... increased her personal best to a regional-qualifying 12-9 1/2 at the ACC Championships to earn the silver medal there along with All-ACC honors ... went over 12'-5.5" an additional four times, including a win at Charlotte and a third-place finish in the Penn Relays college pole vault ... cleared an even 12-6 at Regionals to tie for seventh in Greensboro ... her 12-9 1/2 again ties her for second all-time Duke in the outdoor pole vault.

**2005 (Duke):** Placed fourth at the outdoor ACC Championships, fourth at the Penn Relays college pole vault and eighth at the indoor ECAC Championships ... indoor vault of 12-0 was No.3 all-time at Duke and outdoor vault of 11-11 3/4 was No. 4 all-time.

**High School and Personal:** Born in Seattle ... parents are Marilyn and Ed Jones ... has one older brother, Garrick ... mother is a UW alum, graduating in 1968 ... finished second at the Washington 3A State Championships three years in a row ... placed third in the Oregon-Washington Meet of Champions ... personal best of 12'-4.0" set at the Tornado Invitational broke the 3A state record ... majoring in economics.



## MEET THE HUSKIES • Women's Profiles

## LINDSEY KIRSCHMAN

Redding, Calif. • Enterprise HS

Sophomore



## COLLEGIATE BESTS:

400m .....	1:02.56
800m .....	2:16.35
Mile .....	5:00.90

**2007-08:** Made season debut outdoors on the track at the WSU dual meet, where she placed 5th in the 400m and was part of UW's second-place 4x400m relay ... also won her heat and was 10th overall in the 800m at the Ken Shannon Invite, running 2:17.59 ... did not compete during cross country.

**2006-07:** Ran three different events in four indoor track appearances, competing in the mile, 800m and DMR ... cut nearly 15 seconds off season-best mile time in less than a month, going from 5:15.20 at the UW Indoor Preview to 5:00.90 at the Husky Classic ... did not compete during outdoor season ... competed three times during the fall cross country season ... was the team's No. 2 finisher, in 46th overall, at Willamette, and was UW's No. 3 finisher, in 17th overall, at the Mike Hodges Invite ... also ran at Sundodger, placing 84th overall.

**High School and Personal:** Parents are Cheryl and Tom Kirschman ... ran 10th at the California state cross country championships her junior year ... won the 2003 Stanford Cross Country Invitational as a sophomore ... was fourth at the state track championships in the 1600m as a senior, and fifth in the 800m her junior year ... ran 18th at the Footlocker West Regional Cross Country meet as a junior ... earned all-state track honors her freshman and sophomore years, and was an all-state cross country performer as a senior ... was a seven-time All-CIF Northern Section honors ... earned several school and regional academic and sportsmanship honors ... graduated with a 3.80 GPA.

## DOMINIQUE LAUDERDALE

Bakersfield, Calif. • Ridgeview HS • Arkansas

Sophomore



## MAJOR MEETS:

2008 SEC-I .....	24th, 60m; 22nd, 200m
2008 SEC-O .....	21st, 100m; 24th, 200m

## COLLEGIATE BESTS:

60m .....	7.57
100m .....	11.71
200m .....	23.71

**2008 (Arkansas):** Was the Razorbacks' top short sprinter as a freshman, running season-bests indoors of 7.57 in the 60-meters and 24.48 in the 200-meters ... competed in the SEC Indoor Championships in the 60m dash and 200m dash ... outdoors, ran the lead-off leg on the 4x100m relay, which qualified for NCAA Mideast Regionals in a time of 45.61 ... was 21st at the SEC Outdoor Championships in the 100-meters (12.10) and 24th in the 200-meters (24.87).

**High School and Personal:** Born in Bakersfield, Calif. ... mother is Debra Brim ... has one brother, Gregory, and one sister, Jassmin ... has national experience at both the USA and AAU levels ... took sixth at the 2007 California State Championships in the 200-meter dash after winning league and district titles ... three times named team's Most Outstanding Athlete ... a third-place finisher at the Junior Olympics ... for six seasons, was a major contributor to the Bakersfield Greyhounds track club.

## MEL LAWRENCE

## NCAA ALL-AMERICAN



Reno, Nev. • Reno HS

RS FRESHMAN



## MAJOR MEETS:

2005 USA Jr TF .....	2nd, Steeple	2007 NCAA XC .....	117th (4th UW)
2006 World Jr XC .....	52nd (4th USA)	2008 Pac-10 XC .....	2nd (2nd UW)
2006 USA Jr TF .....	1st, Steeple	2008 Regional XC .....	4th (2nd UW)
2007 USA Jr XC .....	11th	2008 NCAA XC .....	25th (3rd UW)*
2007 Pac-10 XC .....	13th (3rd UW)		
2007 Regional XC .....	32nd (4th UW)		

\* - Indicates All-America Honor Won

## COLLEGIATE BESTS:

6000m (XC) - 19:53

One of Washington's five cross country All-Americans from the 2008 National Championship team ... was UW's second or third finisher at every meet during the team's dominating season ... national high school steeplechase champ will make collegiate track debut this season.

**2008 (Cross Country):** Breakout sophomore season saw her place second or third among Huskies at every meet as the women won the program's first National Championship ... earned first career All-American honor for 25th-place finish at the NCAA Championships in 20:32, an improvement of 92 spots from 2007 nationals ... the Pac-10 runner-up behind teammate Kendra Schaaf, running what would have been a Springfield Country Club course record time of 19:53 had Schaaf not set the new mark ... named First Team All-Pac-10, and All-West Region following her fourth-place finish at Regionals, second on the team ... Regional finish marked a 28-place improvement in one year ... at Pre-Nationals, placed fifth overall and third among Huskies as the women dominated several top-10 teams ... placed third at the Tiger Invite in Auburn as the Huskies swept the top-three spots ... was the Sundodger runner-up in 20:23 to open the season, running 35 seconds faster than the previous year.

**2007-08:** Stellar freshman season, UW's Newcomer of the Year ran No. 3 or No. 4 at every varsity race for the Huskies ... placed 13th at the Pac-10 Championships (3rd UW) in season-best 20:34, earning second team All-Pac-10 and was the third freshman across the line ... finished 117th overall (4th UW) at first NCAA Championships, helping the Huskies to eighth ... also ran fourth on the squad at West Regionals and Pre-Nationals ... burst onto the scene with third-place finish at Sundodger Invite in 20:58, followed by 13th-place run at the Dellinger in 20:48 ... redshirted track season.

**High School and Personal:** Born in Carson City, Nevada ... parents are Lee and Jack Lawrence ... older sister Collier ran for Washington State ... younger brother John runs for Portland State ... one of the top recruits in the class of 2007 ... placed 11th at the 2007 USA Cross Country Championships in Boulder, Colo. ... Junior National Champion in 3k steeplechase in 2006 with a championship meet record time of 10:15 ... Footlocker Cross Country All-American in the 5k from 2003-06 after placing second at the Footlocker XC Championships in 2003, 2004, and 2005, and fifth in 2006 ... has represented the United States at both the World Junior Cross Country Championships and the World Junior Track and Field Championships ... Gatorade Athlete of the Year for Northern Nevada for cross country and track ... three-time Nevada state cross country champion ... also a state champ on the track in 800m, 1600m, and 3200m.

## COURTNEY LIGHTFOOT TOP-FIVE STATE FINISHER

Oak Park, Calif. • Oak Park HS

Freshman



### PERSONAL BESTS:

800m .....	2:16
Mile.....	4:58
3200m .....	10:52

**2008 (Cross Country):** Redshirted the season but competed unattached ... was the 53rd finisher at the Sundodger Invite in her first college race ... placed ninth overall at the Emerald City Open at Woodland Park ... came in 16th-place at the Cascade Conference Preview at Lincoln Park.

**High School and Personal:** Born in Tarzana, California ... parents are Christina and Chip Lightfoot ... has one younger brother, Conrad, and younger sisters Kelsey and Kinsey ... two-time Tri-Valley League cross country champion and runner of the year ... finished third at state as a sophomore in 2005, leading Oak Park to a 2nd-place finish ... competed at Nike Team Nationals in 2005, placing 36th overall as her team took 12th ... missed junior season with an ankle injury, but came back as a senior to win the league title once again and place 10th at state ... a nine-time league champion on the track, and the Ventura County 1600m champion as a senior ... cross country team placed in the top-three at state all three years she competed ... inducted into the Ventura County Sports Hall of Fame as Oak Park's Athlete of the Year.



**Junior Allison Lombardo clears the bar in Pullman at last year's UW-WSU dual meet.**

## ALLISON LINNELL PREP ALL-AMERICAN

Colts Neck, N.J. • Marine Academy of Science and Tech.

Freshman



### PERSONAL BESTS:

800m .....	2:19
1600m .....	4:54
3200m .....	10:48
2000m SC.....	6:56

**2008 (Cross Country):** Competed three times unattached ... opened the year with a 40th-place finish at the Sundodger Invite ... placed fifth at the Emerald City Open at Woodland Park ... also ran at the Cascade Conference Preview, finishing 11th overall.

**High School and Personal:** Born in Red Bank, New Jersey ... parents are Susan and Scott Linnell ... has one younger sister, Erica ... attended high school at the Marine Academy of Science and Technology but competed for Colts Neck High School ... a prep All-American in the mile, 4x1-mile relay, and 2000m steeplechase ... competed at Nike Outdoor Nationals on three occasions, placing 5th in the steeple in 2008 and 13th in 2007 ... won the National Scholastic Indoor Championships on two occasions with the 4x1 mile relay ... was first team all-district, all-county, and all-conference as a senior ... state champ in the 1600m as a senior and was named Jersey Shore Athlete of the Year as well as first team All-State ... helped 2006 cross country team to the state title, then the team placed 4th at Nike Team Nationals ... also competes in triathlons, having won the 2007 New Jersey State Triathlon, and placing 6th in the 2008 SheROX Philadelphia Triathlon ... interested in majoring in and professions in marine biology.

## ALLISON LOMBARDO MPSF COMPETITOR

Richland, Wash. • Richland HS

Junior



### MAJOR MEETS:

2008 MPSF TF .....t16th, HJ

### COLLEGIATE BESTS:

High Jump ..... 5-4 1/2 / 5-3

**2008:** Competed a full indoor and outdoor season in the high jump ... was the No. 2 UW high jumper indoors, with a best clearance of 5-feet, 4 ½-inches at the UW Last Chance Qualifier ... tied for 16th at the MPSF Championships with a mark of 5-2 ¼ ... outdoors, took second at the UW Outdoor Preview with a mark of 5-2 ¼ ... fifth at the UW-WSU dual, clearing 5-3.

**2007:** Tied for second on the team indoors in the high jump with a season-best of 5-4 1/4 at the Last Chance Qualifier ... competed five times outdoors, clearing 5-1 in final three outings ... placed eighth at the UW-WSU dual.

**High School and Personal:** Born in Richland, Wash. ... was third in the high jump at the 2005 Big 9 District meet as a senior, clearing 5-feet, 2-inches ... ranked eighth in the region her senior year.



# MEET THE HUSKIES • Women's Profiles

## SYREETA MARTIN

### NCAA REGIONAL COMPETITOR



Tacoma, Wash. • Wilson HS

JUNIOR



#### MAJOR MEETS:

2006 MPSF TF.....5th, 4x400m	2007 Pac-10 TF.....5th, 400m IH
.....5th, DMR	2007 Regional TF.....15th, 400m IH
2006 Pac-10 TF.....12th, 400m IH	2008 MPSF TF.....19th, 200m
.....6th, 4x400m	.....12th, 400m; 5th, 60m HH
2007 MPSF TF.....11th, 200m	
.....7th, 400m; 6th, 4x400m	

#### COLLEGIATE BESTS:

100m - 12.46	200m - 25.10	400m - 56.45i / 58.61
60m HH - 8.68	400m IH - 59.60	

One of the top returning Huskies in the sprints and hurdles ... has one year of indoor and two years of outdoor eligibility remaining ... an NCAA Regional competitor in 2007 ... ranks in UW's Top-10 lists in four events.

**2008:** One of the team's top women's sprinters indoors, leading the team in the 200m and 400m dashes ... competed in three events at the MPSF Championships, placing fifth in the 60m hurdles in a new personal-best time of 8.68 seconds ... also finished 12th in the 400-meters and 19th in the 200-meters ... finished second in the 200m at the UW Last Chance Qualifier in a season-best 25.10 ... ran the lead-off leg of the women's best 4x400m relay, which ran 3:47.88 to place fourth at the Husky Classic, ranking 8th in indoor school history ... did not compete during the outdoor season.

**2007:** Showed continued improvement, becoming one of the team's most versatile sprinters ... led the team in the outdoor 200m and 400m hurdles, was second-fastest in the indoor 200 and 400m dashes, and ran the lead-off leg of UW's top 4x100m and 4x400m relays ... top 400m hurdles time of 59.60 was good for a fifth place finish at Pac-10's, and was a Regional qualifying mark, as well as ranking ninth on the outdoor Top-10 ... ran 15th in the 400m hurdles at West Regionals ... at MPSFs, placed seventh in the 400m dash, 11th in 200m dash, and led off sixth-place 4x400m relay ... took first in the 400m hurdles at the Brutus Hamilton Invite and the UW-WSU dual meet.

**2006:** Led all UW quarter hurdlers, and was among the team's top-three in the 100m and 400m dashes ... clocked season hurdles best of 1:02.78 in a 12th-place overall finish at Pac-10s ... also at Pac-10s, helped UW's 4x400m relay to sixth in 3:43.61, the eighth-fastest time in school history ... also ran on two history-making relays indoors, including the No.3 4x4 (3:44.90) and No. 10 DMR (11:47.95) ... led both relays to fifth at MPSFs.

**High School and Personal:** Parents are Yvonne and Marcus ... has two siblings, Isaiah and Tierra ... earned four top-five state finishes in 2005, including second in the 300m hurdles, fifth in the 100m hurdles and second in both the 4x100m and 4x200m relays ... also ran sixth at state in the 300m hurdles as a junior ... won league 100m hurdles title as a freshman, and was runner-up her sophomore year ... lettered in both track and cross country all four years, and was track team captain in 2004 and 2005 ... honored as a WIAA Scholar Athlete ... majoring in engineering.

## ADRIENNE McGUIRK

### OREGON 6A STATE CHAMPION

Lake Oswego, Ore. • Jesuit HS

Freshman



#### PERSONAL BESTS:

800m .....	2:19
1500m .....	4:40
3000m .....	10:00

**2008 (Cross Country):** Redshirted the season to preserve a year of eligibility ... competed twice unattached and was impressive in both outings ... placed 21st at the Sundodger Invite in 21:25 and fourth at the Cascade Conference Preview in 17:30 over 5K ... was UW's No. 2 unattached runner at both meets behind veteran Mo Huber.

**High School and Personal:** Born in Portland, Oregon ... parents are Susan Brim and Thomas McGuirk ... has two younger brothers, Parker and Hunter ... is the fifth generation of her family to attend UW ... aunt, Elizabeth Snodgrass competed in the Olympic Marathon Trials in 1988 ... was the Oregon 6A state champion in the 3000m as a senior, and placed 2nd in the 1500m ... runner-up at the state cross country meet as a senior, and was 5th her junior year ... first team All-State in cross country and track in her final season ... cross country team captured Oregon state title every year she was on the team ... Jesuit won state track title her senior year ... won the 2007 Adidas Classic cross country run ... won the Oregon School Activity Association Award for Senior Sportsmanship and Integrity in 2008 ... named the 2007 Nike Prefontaine Prep Long Distance Runner of the Year ... a three-time participant in the Nike Team Nationals ... interested in nursing and physical therapy.

## KELLY McNAMEE

### TWO-TIME 4A STATE CHAMP

Spokane, Wash. • Ferris HS

Freshman



#### PERSONAL BESTS:

100m HH .....	15.1
High Jump .....	5-10
Long Jump .....	17-11

**High School and Personal:** Born in Spokane, Wash. ... parents are Pam and Mike McNamee ... has one older brother, Ryan, and one younger, Kevin ... two-time Washington State 4A Champion in the high jump and one of the top prep high jumpers in the country ... won the 2008 state high jump title with a clearance of 5-feet, 8-inches and also placed 5th in the 100m hurdles and 6th in the long jump ... won state high jump title as a junior with a personal-best clearance of 5-10, and was 6th in the 100m hurdles ... took 2nd at state in the high jump as a sophomore and was 3rd as a freshman ... won the 2007 Meet of Champions high jump ... also competed three years with the cross country team ... was 2nd at the 2006 Simplot Games with a 5-6 high jump clearance ... named area Field Athlete of the Year by Spokane Spokesman-Review ... graduated with a 3.7 GPA.

# LAURA MICKELSON

NCAA TRACK COMPETITOR



Manhattan Beach, Calif. • Mira Costa HS • Loyola Marymount SENIOR



## MAJOR MEETS:

2004 WCC XC.....	25th	2006 Regional XC.....	7th
2004 Regional XC.....	140th	2006 NCAA XC.....	50th
2005 WCC XC.....	7th	2007 Regional TF.....	15th, 5000m
2005 Regional XC.....	30th	2007 WCC XC.....	2nd
2006 Regional TF.....	4th, 5000m	2007 Regional XC.....	15th
2006 NCAA-O.....	22nd, 5000m	2007 NCAA XC.....	61st
2006 WCC XC.....	1st		

## COLLEGIATE BESTS:

1500m - 4:34.42 5000m - 16:30.4 10000m - 34:52

A two-time NCAA Cross Country Championships participant and 2006 NCAA Outdoor Track Championships competitor in the 5,000-meters with Loyola Marymount ... will have one year of track to run for the Huskies ... recipient of an NCAA Post-Graduate Scholarship and an Academic All-American.

**2007-08 (LMU):** Earned second consecutive NCAA Cross Country Championships bid as an individual, placing 61st overall in Terre Haute ... was 15th at the NCAA West Regional, earning All-West Region ... placed second at the WCC Cross Country Championships ... named an ESPN the Magazine Academic All-American.

**2006-07 (LMU):** Named LMU Female Student-Athlete of the Year for the second straight season... won the WCC Cross Country Championship with a 6k time of 21:16 ... finished seventh at the NCAA West XC Regional to qualify for the NCAA Championship, where she finished 50th in the nation ... was an All-WCC first-team selection for the second straight season ... won three other regular season titles at the Cal State Fullerton Invitational, SDSU Aztec Invitational, and the Cal Poly Invitational ... named the WCC Female Runner of the Month for September and October ... in track, ran 34:53.16 over 10,000m to go under the NCAA provisional qualifying time ... qualified for the NCAA Regional for the second straight year in the 5000m, where she finished fifteenth.

**2005-06 (LMU):** Named LMU Female Student-Athlete of the Year... a first-team All-WCC selection after placing seventh in 18:23 ... finished in the top-30 at the NCAA West Regional (21:22) ... in track, became the first LMU athlete ever to advance to the NCAA National Championships, where she finished 22nd in the 5000m in 16:43.61 ... finished track season with three school records: 1500m (4:34.42), 3000m (9:53.57), and the 5000m (16:30.4).

**2004-05 (LMU):** During cross country, finished sixth overall at the Bronco Invitational with a time of 19:57.90 ... clocked a time of 24:06 (73rd overall) at the Stanford Invitational ... finished in the top-25 with a season-best time of 19:26 at the WCC Championship ... clocked a 23:30 mark at the NCAA Regionals.

**High School and Personal:** Born in Neenah, Wisconsin ... parents are Julie and Ralph Quiñones ... has an older brother, Eric, and an identical twin sister, Sara ... Sara ran track for UC Irvine from 2004-08 ... was a three-time letterwinner and captain of her senior track team ... is pursuing a doctorate in physical therapy.

# TAYLOR NICHOLS

PREP ALL-AMERICAN

Bakersfield, Calif. • Stockdale HS

RS Freshman



## PERSONAL BESTS:

Triple Jump .....39-11 1/2

**2008:** Competed just once on the year, taking part in the triple jump and long jump at the UW Winter Preview ... lone triple jump was an impressive 38-feet, 3 ¼-inches, the second-best mark indoors or out by a Husky.

**High School and Personal:** Born in Rochester, Michigan ... parents are Terris and Mark Nichols ... father Mark played in the NFL from 1981-1989 as a wide receiver with the Detroit Lions ... one older brother, Matthew, and one younger brother, Wesley ... a prep All-American from 2004-07 outdoors and in 2006 indoors ... competed at U.S. Junior Nationals in 2005 and 2007, placing second in the triple jump in 2005, and third in 2007 ... finished second in the triple jump at the 2007 Simplot Games in Pocatello, Idaho.

# KOREDE OYETUGA

Everett, Wash. • Everett HS

Sophomore



## PERSONAL BESTS:

Weight .....50-9 1/4  
Discus..... 136-2  
Hammer..... 146-7  
Shot Put.....39-0 1/2

**2008:** Competed in the weight throw indoors, and the shot put, discus, and hammer throw outdoors ... posted the sixth-best weight throw mark in school history at the Husky Classic, throwing 50-feet, 9 ¼-inches ... led the team in the shot put outdoors with a best of 39-0 ½ to place third at the UW-WSU dual ... season-best hammer throw of 146-7 came at the Oregon Invitational ... second at the PLU Invite in the discus with a personal-best 136-2.

**2007:** Threw the discus and the hammer outdoors, and finished fourth in both events at the UW-WSU dual ... sixth in the discus at the Pepsi Invite ... best discus throw of 133-7 was second on the team ... season-best hammer throw of 146-7 at the UW-WSU dual ... competed unattached indoors in the weight throw, with a best of 43-0 1/4.

**High School and Personal:** Born in Seattle ... parents are Charlene and Owolabi Oyetuga ... has two older brothers, Dayo and Tola, and an older brother Bola ... Dayo played soccer at Washington from 1999-2002 and then professionally in Germany ... lettered four years throwing shot and discus ... WesCo league south champion in the shot put as a senior.



## KENNA PATRICK

PAC-10 COMPETITOR



Federal Way, Wash. • Thomas Jefferson HS • UPS

SOPHOMORE



## MAJOR MEETS:

2007 NWC XC.....6th (3rd UPS)	2008 Pac-10 TF.....17th, 5000m
2007 D-III Regional XC.....3rd (1st UPS)	2008 Pac-10 XC.....23rd (8th UW)
2007 NCAA D-III XC.....51st (2nd UPS)	2008 Regional XC.....37th (7th UW)
2008 MPSF TF.....10th, 5000m	

## COLLEGIATE BESTS:

3000m - 10:09.07 / 10:13.28    5000m - 17:17.85

Ran in the top-10 for the women's cross country team in the fall as the Huskies captured the NCAA Championship ... competed in the 5,000-meters at the Pac-10 and MPSF meets as a freshman ... the 2006 Washington state 4A cross country champion.

**2008 (Cross Country):** Had a terrific fall as a key member of the National Championship women's cross country team ... competed at first career Pac-10 Championships and West Regional meets ... placed 23rd at the Pac-10 Championships in a 6K best of 20:51, as the Huskies won their first conference title since 1989 ... was the eighth UW finisher at Pac-10's but would have been top-five for all but one other team, and top-two for six teams ... was UW's No. 7 finisher at Regionals, in 37th overall ... scored for the team at the Sundodger, where she placed 11th overall ... finished 16th overall at the Tiger Invite in Auburn ... won the Cascade Conference Preview at Lincoln Park.

**2008 (Track):** Joined the Washington program in the winter, making a quick contribution ... placed 10th in the 5000m at the MPSF Championships in 17:22.16 ... ran a personal-best 5K time of 17:17.85 at the Pepsi Team Invite outdoors, placing 12th ... ran the 5000m at the Pac-10 Championships, placing 17th in 17:44.47 ... also placed 15th at the U.S. Junior Cross Country Championships in San Diego.

**2007 (Cross Country at UPS):** Helped lead the Loggers to 23rd place at the NCAA D-III Championships in Northfield, Minn., placing second on the team and 51st overall ... led the Loggers at NCAA West Regionals, placing third overall ... selected to the All-Northwest Conference first team following a sixth-place finish at the NWC Championships, helping UPS to a second-place team finish.

**High School and Personal:** Born in Tacoma, Wash. ... parents are Joan and Kevin Patrick ... has one older brother, Kellan, and one younger sister, Camryn ... father Kevin also attended UW and brother Kellan is a current student ... the 2006 Washington state 4A cross country champion in a time of 18:13, also winning league and district crowns ... named 2006 Girls Cross Country MVP by the Seattle PI ... top-10 state XC finisher as a sophomore and junior ... a three-time Nike Borderclash competitor, placing second as a senior ... named third-team All-Region at the 2006 Footlocker West Region meet ... on the track, was a top-10 finisher at state in the mile and two-mile during junior and senior years.

## ANDREA PETERSON

PAC-10 COMPETITOR



Bonney Lake, Wash. • Sumner HS

SENIOR



## MAJOR MEETS:

2007 MPSF TF.....13th, PV	2008 MPSF TF.....t16th, PV
2007 Pac-10 TF.....16th, PV	2008 Pac-10 TF.....t14th, PV

## COLLEGIATE BESTS:

Pole Vault - 12-8 / 12-1 1/2

Ranks in UW's Top-10 both indoors and outdoors in the pole vault ... competed at both the Pac-10 and MPSF Championships in 2008.

**2008:** Set personal bests both indoors and out and was UW's No. 2 vaulter indoors ... tied for seventh at the UW Invitational with a season-best of 12-feet, 8-inches that ties for seventh-best in school history indoors ... finished tied for 16th at the MPSF Championships with a mark of 12-1 ¼ ... outdoor season-best came at the Pac-10 Championships, where she tied for 14th clearing 12-1 ½ ... mark ties for 10th on the UW outdoor Top-10.

**2007:** Broke into the UW indoor Top-10 list in the pole vault with a clearance of 12-3 ½ at the National Pole Vault Summit ... cleared 12 feet in each of her first four indoor meets ... finished 13th at the MPSF Championships and 16th at the Pac-10 Championships ... season-best outdoor vault of 11-6 ¼ came at the Ken Shannon Invite, good for fifth place.

**2006:** Did not compete indoors or outdoors.

**2005:** Redshirted the 2005 season to preserve a year of eligibility ... competed unattached in the pole vault during the indoor season, earning a season-best of 11-9 at the Husky Classic.

**High School and Personal:** Parents are Heidi and Ed ... has a younger brother, Arne ... aunt Lorah Brakke and uncle David Peterson each rowed on UW crews ... only participated in track her junior and senior seasons ... placed seventh in the vault at the 2003 state meet, her first year of competition in the event, and was second in 2004 ... earned All-State honors as a senior ... also earned All-State honors as a gymnast in 2004 after taking second at the state championships.

## BROOKE PIGHIN NCAA REGIONAL COMPETITOR

Port Alberni, B.C. • Alberni Distric Secondary • Fresno State Sophomore



### MAJOR MEETS:

2008 WAC TF ..... 5th, JT  
2008 Regional TF ..... 19th, JT  
2008 Canada Olympic Trials..... 5th, JT

### COLLEGIATE BESTS:

Javelin..... 157-6

**2007-08 (Fresno State):** An NCAA Regional qualifier in the javelin with a top mark of 157-feet, 6-inches ... won the javelin at the Cal-Nevada Championships with a mark of 157-2 ... placed fifth at the WAC Championships with a throw of 139-11, helping Bulldog women to a 2nd-place finish ... threw 138-5 at the West Region Championships to place 19th ... won the Mt. SAC dual meet javelin throw ... placed 5th in the 2008 Canadian Olympic Trials.

**High School and Personal:** Born in Edmonton, Alberta, Canada ... parents are Terrie and Garry Pighin ... has one younger brother, Darryl ... one of Canada's top javelin throwers ... placed 2nd at the 2007 Canadian Senior Nationals in the javelin with a throw of 157-7 and had the nation's fourth-ranked mark ... was second in the Provincial Championships as a sophomore and junior ... won the Canadian Junior National Championships in 2004 also lettered four years in basketball, four in soccer, and two in softball ... school's Athlete of the Year each year in high school ... made honor roll every year.

## ROBYN ROBBLEE MPSF COMPETITOR

Ellensburg, Wash. • Ellensburg HS

Sophomore



### MAJOR MEETS:

2008 MPSF TF ..... t16th, HJ

### COLLEGIATE BESTS:

High Jump..... 5-2 1/2 / 5-3 3/4

**2008:** Ranked third on the team in the high jump both indoors and out ... competed five times indoors, including the MPSF Championships, where she tied for 16th with a clearance of 5-feet, 2 1/4-inches ... outdoors, placed second at the PLU Invite with a season-best mark of 5-3 3/4 ... third at the Ken Shannon Invite at 5-3 1/4 ... seventh in the high jump at the UW-WSU dual.

**2007:** Competed four times indoors in the high jump, with best jump of 5-2 1/4 coming at the UW Last Chance Qualifier ... did not compete outdoors.

**High School and Personal:** Parents are Johnneel and Phil ... has an older brother, Jesse ... was a six-time state championships participant ... placed sixth at state in both the long jump and 300-meter hurdles as a senior ... also competed at state in the 4x400m relay in 2006, the hurdles in 2005, and the 400m and 4x400m in 2004 ... swept district titles in the high jump, long jump and 300m hurdles as a senior, and was also regional hurdles champ ... was named Outstanding Female Field Athlete at districts after her 2006 high jump-long jump double ... helped Ellensburg to league and district titles as a sophomore ... earned eight prep letters, including four in track and four in soccer.

## LAUREN SAYLOR

## ALL-PAC-10 XC SECOND TEAM



Clovis, Calif. • Buchanan HS

SOPHOMORE



### MAJOR MEETS:

2007 Pac-10 XC ..... 41st (7th UW) 2008 MPSF TF ..... 6th, 5000m  
2007 Regional XC ..... 61st (6th UW) 2008 Pac-10 TF ..... 5th, 10000m  
2007 NCAA XC ..... 253rd (7th UW) 2008 Regional TF ..... 18th, 5000m  
2008 USA Jr XC ..... 6th 2008 Pac-10 XC ..... 12th (7th UW)  
2008 World Jr. XC ..... 38th (5th, USA) 2008 NCAA XC ..... 41st (6th UW)

### COLLEGIATE BESTS:

Mile - 4:57.28 3000m - 9:48.51  
5000m - 16:45.96 / 16:49.73 10000m - 37:37.36

Coming off outstanding sophomore cross country season as she helped power the Huskies to the National Championship ... in one year's time, went from last place at the NCAA Cross Country Championships to 41st, jumping over 200 spots ... an All-Pac-10 Second Team selection ... made NCAA Regionals and scored at Pac-10's and MPSFs on the track as a freshman.

**2008 (Cross Country):** One of Washington's top-seven runners that captured the program's first NCAA Championship ... missed being UW's sixth cross country All-American by one-tenth of a second, as she placed 41st at the NCAA Championships and the top-40 got the honor ... earned All-Pac-10 Second Team honors for her 12th-place finish at the conference meet, which was seventh on the squad as UW recorded a perfect score ... placed 27th at the Pre-National Meet, sixth on the team, but would have been at least top-four for every other team ... fourth overall at the Sundodger Invite, and seventh overall at the Tiger Invitational ... ran under 21-minutes in every outing, with her Pac-10 time of 20:31 cutting 56 seconds off her best time from 2007.

**2007-08:** Scored for UW at the MPSF meet, placing 6th in the 5K in a personal-best time of 16:45.96 ... ran a PR in the 3K at the UW Invitational in a time of 9:48.51 ... outdoors, qualified for NCAA Regionals in the 5000-meters, with a season-best time of 16:49.73 at the Oregon Invitational ... placed 18th in the 5K at Regionals ... was 5th in the 10K at the Pac-10 Championships in 37:37.36 ... enjoyed standout freshman cross country season, running in UW's top-seven at every major meet ... ran seventh for the Huskies at NCAA's ... ran season-best 21:27 at Pac-10 Championships, placing 41st (7th UW) ... the sixth Husky finisher at Regionals, 61st overall ... placed sixth in the U.S. Junior Cross Country Championships, earning a spot on the U.S. Junior National Team ... running at the World Junior Cross Country Championships in Edinburgh, Scotland, placed 38th in 21:37 which was fifth among Americans.

**High School and Personal:** Born in Orange County, California ... parents are Julie and James Saylor ... has one younger brother, Christian, and one younger sister, Cathryn ... Footlocker All-American in 2004 after placing 14th at Footlocker Nationals ... finished 12th or better at state all four years including fifth in 2004 and third in 2006 ... placed sixth at the 2006 Sacrament Meet of Champs in the 3200m ... competed in the 2005 Arcadia Invitational, placing fifth in the 2-mile run ... named all-state in cross country in 2004 and 2006 and in track in 2005 and 2007 ... seven-time league track champion ... four-time league and section champion ... graduated with a 3.8 GPA.



# MEET THE HUSKIES • Women's Profiles

## KENDRA SCHAAF

### PAC-10 XC ATHLETE OF THE YEAR



Craven, Saskatchewan • Lumsden HS

FRESHMAN



#### MAJOR MEETS:

2007 Canada Jr. XC.....1st	2008 Pac-10 XC.....1st (1st UW)
2008 NACAC Jr. XC... 1st (1st Canada)	2008 NCAA XC..... 12th (1st UW)*
2008 World Jr. XC.....20th (1st Canada)	2008 Canada Jr. XC.....1st
2008 World Jr. TF.....13th, 1500m	
.....7th, 5000m	* - Indicates All-America Honor Won

#### COLLEGIATE BESTS:

800m - 2:12	1500m - 4:20	3000m - 9:29
5000m - 16:05	6000m (XC) - 19:24	

Named the Pac-10 Athlete of the Year in cross country after a historic freshman cross country season ... led the women's team to the NCAA Championship and earned All-American honors for 12th-place finish ... along with teammate Christine Babcock, the only two freshmen in the nation to earn All-America honors ... won the Pac-10 Championship in record time, UW's first champion in 26 years ... has won two-straight Canadian Junior National Championships in cross country and competed at World Juniors.

**2008 (Cross Country):** One of the best individual seasons in Washington history for the freshman phenom ... named the Pac-10 Conference Athlete of the Year and led the Huskies to the school's first NCAA Championship ... placed 12th at the NCAA Championships, earning All-American honors ... won the Pac-10 individual championship, smashing the conference meet record and Springfield Country Club course record in a time of 19:24 that was nearly 30 seconds ahead of teammate Mel Lawrence in second-place ... became UW's first Pac-10 cross country champ since Regina Joyce in 1982, and led the team to a perfect score ... led the Huskies to their first ever win at Pre-Nationals, placing third overall ... won the individual title at the Tiger Invitational, covering the 5,000-meters in a blistering 15:46 ... won her first collegiate outing at the Sundodger Invitational, running 19:58 to become the first woman to break 20-minutes at Lincoln Park ... just five days after the NCAA meet, she successfully defended her Canadian Junior Cross Country National Championship in Guelph, Ontario, winning by 13 seconds.

**High School and Personal:** Born in Regina, Saskatchewan, Canada ... parents are Gale and Brian SchAAF ... has one older brother, Jared ... competed for the Queen City Striders Track Club ... won the Canadian Junior Cross Country Championships in 2007 ... placed 20th overall at the 2008 World Junior Cross Country Championships in Scotland, the top finisher for Team Canada ... placed 7th in the 5000-meters at the World Junior Track and Field Championships in Poland, and finished 13th in the 1500-meters ... won the junior women's 4K at the 2008 NACAC Cross Country Championships, leading Canada to the title over the U.S. ... swept provincial titles her junior and senior years, winning the cross country titles as well as winning the 800m, 1500m, and 3000m runs on the track both years ... finished 2nd in the 5K at the Victoria International Track Classic, running a personal-best of 16:05 ... won the 1500m at the Harry Jerome meet in 4:20, a personal best ... was 3rd in the 3K at 2008 Canadian Junior Nationals, and 4th in the 1500m.

## BAILEY SCHUTTE

### PAC-10 COMPETITOR

Portland, Ore. • Jesuit HS • UCLA

Sophomore



#### MAJOR MEETS:

2006 Pac-10 XC..... 68th (10th UCLA)
2008 MPSF TF..... 13th, Mile
2008 Pac-10 TF..... 12th, 5000m

#### COLLEGIATE BESTS:

1,500m.....4:38.83
Mile.....4:56.16
3000m.....9:42.93
5000m.....17:18.67

**2008 (Cross Country):** Competed three times for the Huskies during their national championship season ... was runner-up at the Emerald City Open ... placed third overall at the Cascade Conference Preview.

**2007-08:** Competed three times during the indoor season, highlighted by a 13th-place finish in the mile at the MPSFs in 4:56.16 ... also won the 3,000-meters at the UW Last Chance Qualifier in 9:42.93, less than a second from UW's indoor Top-10 ... outdoors, ran the 1500m, with a season-best 4:38.83 at the Oregon Invite ... ran the 5K for the first time at the Pac-10 Championships, placing 12th in 17:18.67 ... redshirted cross country season.

**2006-07 (UCLA):** Placed 68th at the Pac-10 Cross Country Championships ... finished 78th in the open race at the Pre-National meet ... UCLA's No. 4 runner at the UCSD Triton Invitational (9th overall) ... the No. 4 runner for UCLA, finishing 52nd overall at the Bill Dellinger Invite ... did not compete during track.

**High School and Personal:** Born in Seattle at the UW medical center ... parents are Amy and Todd Schutte ... Todd was a three-year track team member at Washington from 1987-89 ... has one younger sister, Payton ... won three district track titles, two at 3000m ... most valuable runner junior and senior years ... led team to two state titles and two Nike National Team competitions ... pursuing political science major.

## AMANDA STOPA

### REGIONAL XC COMPETITOR

Snohomish, Wash. • Snohomish HS

Sophomore



#### MAJOR MEETS:

2006 Pac-10 XC..... 56th (7th, UO)
2006 Regional XC..... 121st (7th, UO)

#### COLLEGIATE BESTS:

1500m.....4:52.32
3000m.....10:34.40
3000m SC.....11:16.38

**2007-08:** Ran unattached twice during the outdoor season ... time of 11:16.38 in the steeplechase at the Ken Shannon would have been a Top-10 UW mark if run attached ... competed twice unattached during cross season after transferring from Oregon ... placed 35th at the Sundodger in 22:33 and 42nd overall at the Willamette Invite.

**2006-07 (Oregon):** Competed sparingly during track season, running 1500m, 5000m, and steeplechase once each ... ran in Oregon's top-seven in every cross country race ... finished seventh among Oregon runners at the Pac-10 Championships (56th overall) and at Regionals (121st overall) ... best 6000m time of 22:37 came at the Bill Dellinger Invite where she placed 67th overall and fourth among Ducks.

**High School and Personal:** Born in Mountain Home, Idaho ... parents are Dalene and Tim Stopa ... one older brother, Mathew, and one younger brother, Andrew ... four-time top-15 4A state cross country championships finisher, including 15th as a senior and freshman, sixth as a junior and 10th as a sophomore ... Wesco and district champion as a junior and senior ... two-time Seattle P-I cross country all-star and twice an honorable mention ... four-time team MVP ... was a four-time Border Clash qualifier in cross country ... in track, was a state qualifier as a senior in the 3,200m ... majoring in comparative literature.

# Women's Profiles • MEET THE HUSKIES

## NICOLE VIELMA PAC-10 COMPETITOR

Fife, Wash. • Fife HS

Junior



### MAJOR MEETS:

2008 MPSF TF ..... NH, HJ  
2008 Pac-10 TF ..... 14th, TJ

### COLLEGIATE BESTS:

High Jump ..... 5-2 1/2i / 5-3  
Triple Jump ..... 37-0 1/2

**2008:** One of the team's most frequent jumps competitors ... competed at the Pac-10 Championships in the triple jump, placing 14th ... was second in the triple jump at the Ken Shannon with a mark of 37-0 1/2 ... season-best high jump of 5-2 1/2 at the Husky Classic ... entered in the high jump at the MPSF Championships but did not clear a height.

**2007:** Competed at three meets indoors, doing both the high and triple jumps each time ... season-bests came outdoors, where she cleared 5-1 in the high jump at the UW Outdoor Preview, and placed second in the triple jump at the Ken Shannon Invite with a mark of 35-10 1/2.

**High School and Personal:** Born in Seattle ... parents are Sherry and Raul Vielma ... has one older sister, Joelle ... placed 11th in the high jump at the 2006 Washington 3A State Championships, helping team to a sixth-place finish ... district high jump champion as a senior ... competed in the short sprints, sprint relays, and all three jump events ... also ran cross country for three years ... graduated with a 3.89 GPA.

## LAUREN WALKER

Huntington Beach, Calif. • Huntington Beach HS

Sophomore



### COLLEGIATE BESTS:

Pole Vault ..... 12-0i / 11-11 3/4

**2008:** Best indoor vault of 11-7 1/4 came at the UW Last Chance Qualifier ... competed at five meets outdoors, tying for first at the PLU Invitational with a season-best 11-11 3/4 ... took sixth in the pole vault at the Pepsi Team Invitational and was fifth at the Ken Shannon.

**2007:** Redshirted both indoor and outdoor seasons, competing unattached on four occasions ... cleared 12-feet for the first time at the Husky Classic, where she placed 13th.

**High School and Personal:** Born in Houston, Texas ... parents are Suzanne Carlson and Keith Walker ... has two younger brothers, Tyler and Benjamin, two older sisters Vanessa and Jaime, and one younger sister, Amber ... competed as a gymnast for 14 years ... started pole vaulting as a senior in high school.

## ALLY WOJCIECHOWSKI

Lake Oswego, Ore. • Lakeridge HS

Junior



### COLLEGIATE BESTS:

Pole Vault ..... 12-1i / 11-11 3/4

**2008:** Competed just twice on the season, once at the UW Winter Preview and again at the UW Indoor Preview ... did not compete outdoors.

**2007:** Competed three times indoors, clearing 12-0 at both the UW Indoor Preview and the Husky Classic ... one of five Huskies to clear 12-feet indoors ... placed fifth at the Pepsi Invitational with a season-best outdoor mark of 11-7 3/4 ... fourth at the Ken Shannon, clearing 11-6 1/4.

**2006:** Competed unattached throughout the season in the pole vault ... cleared 11-0 1/4 at the Ken Shannon Invite for 4th place ... indoors, soared over the 12 foot mark for the first time in her collegiate career at the Husky Classic for a 15th place finish.

**High School and Personal:** Full name is Allyson Noriko Wojciechowski ... born in Portland, Ore. ... parents are Nancy and Bruce Wojciechowski ... has one brother, Justin, who played football for Pacific Lutheran University ... was first in her age group at the 2004 National Pole Vault in Reno, Nev. and second in 2005 ... placed second at the Oregon 4A State Championships as a senior and second as a junior ... Three Rivers League Champion in 2004 and 2005 ... a member of the National Honors Society, graduating with a 3.98 GPA.



**Lauren Walker and Ally Wojciechowski enjoy a moment in-between vaults at the Dempsey Indoor.**



# MEET THE HUSKIES • Additional Huskies To Watch

## DAYNA ANDERSON



Sophomore • Distances  
San Diego, Calif.  
University City HS

### PERSONAL BESTS:

3000m..... 10:03.49  
5000m..... 17:54.02i

## NICOLE AURIGEMMA



Freshman • Mid-Distances  
Carlsbad, Calif.  
Carlsbad HS

### PERSONAL BESTS:

400m..... 58.2  
800m..... 2:16  
1600m..... 5:11

## ELLIE BONNER



Freshman • Distances  
Snohomish, Wash.  
Snohomish HS

### PERSONAL BESTS:

1600m..... 5:07  
3200m..... 11:03

## BRIANNA CLARK



RS Fresh. • Jumps  
Snohomish, Wash.  
Snohomish HS

### PERSONAL BESTS:

Long Jump..... 16-1 1/2  
Triple Jump..... 36-5

## TAYLOR FJERAN



RS Fresh. • Pole Vault  
Mukilteo, Wash.  
Kamiak HS

### PERSONAL BESTS:

Pole Vault ..... 11-7 1/4

## LINDSEY FLEISHMAN



RS Fresh. • Jumps  
Seattle, Wash.  
Kentridge HS

### PERSONAL BESTS:

Long Jump..... 16-3 3/4  
Triple Jump..... 36-5 1/2

## EMILIE FRULAND



Freshman • Mid-Distances  
Everett, Wash.  
Jackson HS

### PERSONAL BESTS:

800m..... 2:21  
1500m..... 5:15

## ERICA HUSE



Freshman • Throws  
Puyallup, Wash.  
Tacoma Baptist HS

### PERSONAL BESTS:

Discus..... 127-9  
Shot Put..... 37-7

## KELLY MUDLO



RS Fresh. • Pole Vault  
Littleton, Colo.  
Heritage HS

### PERSONAL BESTS:

Pole Vault ..... 11-1 1/2

## ANYKA OZOG



Junior • Throws  
Edmonds, Wash.  
Shorewood HS

### PERSONAL BESTS:

Discus..... 122-3

## STEPHANIE SAUVAGE



RS Fresh. • Distances  
Seattle, Wash.  
Seattle Prep

### PERSONAL BESTS:

5000m (XC) ..... 18:59  
6000m (XC) ..... 23:21

## KELSEY SHIMADA



RS Fresh. • Pole Vault  
Bellevue, Wash.  
Newport HS

### PERSONAL BESTS:

Pole Vault ..... 11-6 1/2

## CAROLINE SOULES



Freshman • Jumps  
Shoreline, Wash.  
Shorewood HS

### PERSONAL BESTS:

High Jump ..... 5-4

## LAUREN VISORIA



RS Fresh. • Sprints  
Vancouver, Wash.  
Evergreen HS

### PERSONAL BESTS:

60m..... 8.10  
200m..... 26.42i  
400m..... 59.75i